Surgical Technique
Slide-Loc™ Anatomic Radial Head System*

The Acumed Slide-Loc Anatomic Radial Head System is designed to provide an anatomic implant to replace the patient’s native radial head. Designed in conjunction with Shawn W. O’Driscoll, MD, PhD, the Slide-Loc Anatomic Radial Head System utilizes a unique approach to side-loading radial head prostheses, without the use of a set screw. The Slide-Loc Anatomic Radial Head System head and neck assembly slides onto the stem and rotates to lock the components. The Slide-Loc Anatomic Radial Head can be implanted using an in situ or ex situ (back table assembly) approach. The system is modular and includes several sizes of anatomic heads, three choices of neck heights, and a variety of standard and long stems.

Indications for Use:
- Replacement of the radial head for degenerative or post-traumatic disabilities presenting pain, crepitation, and decreased motion of the radiohumeral and/or proximal radio ulnar joint with: joint destruction and/or subluxation, resistance to conservative treatment.
- Primary replacement after fracture of the radial head
- Symptomatic replacement after radial head resection
- Revision following failed radial head arthroplasty

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*Patent Pending
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System Features

Radial Head Implants

The dish depth varies from 1.8 mm deep (18 mm head) to 3.3 mm deep (28 mm head). Keeping the dish depth proportional to the size of the radial head is intended to improve stability over the current generation Acumed Anatomic Radial Head.

The lateral trochlear ridge facet surface has been contoured to optimize contact with the lateral trochlear ridge of the capitellum. Irregular contact in this region may erode the cartilage over time

The dish depth varies from 1.8 mm deep (18 mm head) to 3.3 mm deep (28 mm head). Keeping the dish depth proportional to the size of the radial head is intended to improve stability over the current generation Acumed Anatomic Radial Head.

The ulnar facet is located on the medial side of the radial head. Contouring of the head has been further refined and is intended to track against the lateral side of the ulna.

With the annular ligament in mind, an S-shaped contour was built into the lateral side of the radial head prosthesis.

ARH Slide-Loc Head Implants: 18–28 mm, left and right specific (2 mm increments) (5001-02XXX-S)


System Features [continued]

**Neck Implants**

- Necks accommodate 12, 14, and 16 mm resections (when used with a standard stem)
- Partial grit blast intended to promote proximal bony ongrowth
- Fluted stem designed to provide rotational stability

**Standard Stem Implants**

- Designed for a press-fit application

**ARH Slide-Loc Neck Implants**: +1 mm, +3 mm, +5 mm (5001-030XN-S)

**ARH Slide-Loc Standard Stem Implants**: (1 mm increments) (5001-01XXN-S)
System Features [continued]

**Long Stem Implants**

![Diagram of long stem implants with labeled features such as 10° Neck Angle, Hashed Laser Marks, Grit Blast Length, Insertion Depth, Resection Length, Stem Diameter, Stem Length, Listeners tubercle, and Fluted stem designed to provide rotational stability.]

**ARH Slide-Loc Long Stem Implants: 6–12 mm, left and right specific (2 mm increments)**

(5001-04XXX-S)
System Features [continued]

**Head, Neck, and Stem Trials**

**ARH Slide-Loc Head Trials: 18–28 mm (2 mm increments)**
(5101-02XXX)
Left trial heads are blue, right trial heads are green

**ARH Slide-Loc Neck Trials**
(5101-030XN)
+1 mm, +3 mm, +5 mm options

**ARH Slide-Loc Standard Stem Trials: 6–12 mm (1 mm increments)**
(5101-01XXN)

**ARH Slide-Loc Long Stem Trials: 6–12 mm left and right specific (2 mm increments)**
(5101-04XXX)
Left long stem trials are blue, right long stem trials are green
Instrument Overview

Standard Stem Reamer 6 mm (80-1606)
Standard Stem Reamer 7 mm (80-1607)
Standard Stem Reamer 8 mm (80-1608)
Standard Stem Reamer 9 mm (80-1609)
Standard Stem Reamer 10 mm (80-1610)
Standard Stem Reamer 11 mm (80-1611)
Standard Stem Reamer 12 mm (80-1612)

Long Stem Reamer 6 mm (80-1706)
Long Stem Reamer 8 mm (80-1708)
Long Stem Reamer 10 mm (80-1710)
Long Stem Reamer 12 mm (80-1712)

6 mm Collar Reamer (TR-CRA06)
7 mm Collar Reamer (TR-CRA07)
8 mm Collar Reamer (TR-CRA08)
9 mm Collar Reamer (TR-CRA09)
10 mm Collar Reamer (TR-CRA10)
11 mm Collar Reamer (TR-CRA11)
12 mm Collar Reamer (TR-CRA12)

Bone Graft Ratcheting T-Handle (BG-8043)
Quick Release T-Handle (MS-T1212)
Instrument Overview [continued]

ARH Slide-Loc Impactor Block
(80-1503)

ARH Slide-Loc Head Assembly Tool
(80-1511)

ARH Slide-Loc Trial Head Handle
(80-2004)

ARH Slide-Loc Stem Clamp
(80-2538)

ARH Slide-Loc Height Gauge +1 mm
(80-1581)

ARH Slide-Loc Impactor Tip
(80-3452)

ARH Slide-Loc Height Gauge +3 mm
(80-1583)

Cross Bar
(80-1771)

ARH Slide-Loc Height Gauge +5 mm
(80-1585)

ARH Slide-Loc Stem Inserter
(80-1357)

Long Stem Resection Guide
(80-1512)

5.5 mm Quick Release Awl
(TR-0206)

Radius Retractor
(80-1509)

ARH Slide-Loc Locking Guide +3 mm
(80-2543)

ARH Slide-Loc Locking Guide +1 mm
(80-2542)

ARH Slide-Loc Locking Guide +5 mm
(80-2544)
Component Legend

**Trial Neck**
- The Trial Head Handle is inserted into threaded hole during assembly.
- Laser mark on trial neck aligns with laser mark on trial head.
- This side inserts into trial head.

**Implant Neck**
- Laser mark on neck aligns with laser mark on head.
- Plunger retracts when disengaged.

**Stems**
- Threaded hole for stem insertion and removal using ARH Slide-Loc Stem Inserter.
- Laser marks align with left jaw of the ARH Slide-Loc Stem Clamp and Lister’s tubercle.
- Right Rail
- Base or Platform
- Right Groove
- Left Rail
- Left Groove
Component Legend [continued]

ARH Slide-Loc Stem Clamp

- Jaw’s Proximal End
- Jaw’s Distal End
- Right Jaw
- Left Jaw
- Arm
- Yellow Band
- Post
- Speed Lock Wheel

ARH Slide-Loc Locking Guide

- Clip
- Rail
- The +1, +3, or +5 Locking Guide matches the corresponding +1, +3, or +5 trial and implant neck
Surgical Technique Overview

Standard Stem
In Situ Surgical Technique

- Head, Neck, and Stem Removal
- Reaming/Determine Stem Diameter
- Head, Neck, and Stem Removal
- Determine Head Diameter and Neck Height

Standard Stem
Ex Situ Surgical Technique

- Long Stem Surgical Technique
- Resection
- Reaming
- Secondary Resection and Reaming
- Determine Diameter

Trial Assembly & Insertion
Standard Stem In Situ Surgical Technique

Part One: Site Preparation and Trialing

Warning: Use of a posterior approach may interfere with in situ assembly of the implant.

1. **Incision and Dissection**

Guidance provided by Shawn O’Driscoll, MD, PhD, and Marc Richard, MD

The following approach may be used to preserve the lateral ulnar collateral ligament (LUCL) and facilitate exposure of the radial head and anterior joint. This approach can facilitate positioning of the ARH Slide-Loc Stem Clamp when performing in situ assembly of the respective components.

An incision is made along a line connecting the lateral epicondyle and the equator of the radial head. Proximal dissection is carried along the lateral column of the distal humerus. Distal dissection is carried longitudinally along the radial shaft.

Deep dissection is performed with the forearm in pronation to maximize the distance from the posterior interosseous nerve (PIN). In pronation, the PIN crosses the midpoint of the radial shaft an average of 5.6 cm distal to the capitellum.1 Furthermore, the PIN has been demonstrated to be within the substance of the supinator muscle 98% of the time.2 Therefore, common to all exposures, deep dissection includes division of the annular ligament and subsequent exposure of the proximal radial neck. More distal dissection is easily achieved with subperiosteal elevation of the overlying supinator while the forearm is pronated. This method minimizes the potential for structural injury to the PIN.


Standard Stem *In Situ* Surgical Technique [continued]

2 **Radial Head Resection**

Using a microsagittal saw, resect the radial head at the level of the fracture without leaving a significant neck defect. The standard stems can replace 12 mm to 16 mm of resection. The length is measured from the bottom of the radial head’s dish.

<table>
<thead>
<tr>
<th>Resection Length</th>
<th>Neck size</th>
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<tr>
<td>12 mm</td>
<td>+1</td>
</tr>
<tr>
<td>14 mm</td>
<td>+3</td>
</tr>
<tr>
<td>16 mm</td>
<td>+5</td>
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If greater than 16 mm of resection is needed, ARH Slide-Loc Long Stems are available (see page 34 for surgical technique).

3 **Determine Stem Diameter**

A Radius Retractor (80-1509) is available to elevate the radius. Use the 5.5 mm Quick Release Awl (TR-0206) to initially enter the canal. Then assemble the Bone Graft Ratcheting T-Handle (BG-8043) to the Standard Stem Reamer 6 mm (80-1606) and prepare the canal for the stem using sequentially larger reamers (80-1607 through 80-1612) until “cortical chatter” and a tight fit are achieved. The proper reaming depth is achieved when the laser mark band on the reamer is flush with the level of resection.

**Note:** Confirm the fit by rotating the reamer inside the forearm. If the forearm rotates when the reamer is turned, a sufficiently tight fit has been achieved.

**Warning:** The Standard Stem Reamers (80-16XX) are not intended to be used under power. Using the reamers under power may result in fracturing the radial canal.
4 Ream With Collar Reamer
Select the Collar Reamer (TR-CRAXX) that matches the stem diameter determined by the reamer in the previous step. Power ream the collar to create a surface with at least 60% of the radial shaft in contact with the reamer (Figure 5). Use caution to avoid fracturing the radial neck, which can occur if the reamer catches on irregular bone in the fracture surface. The risk of such fracturing can be lessened by reaming initially in the reverse direction, such that the reamer acts more as a power rasp. If there is concern about risk of fracture (eg if a notch exists), a provisional cerclage wire may be placed around the neck and removed after inserting the prosthesis.

5 Determine Head Diameter
Determine the head diameter by placing the resected head upside down in the sizing pockets on the ARH Slide-Loc Impactor Block (80-1503). If between sizes or if the head fits loosely in the sizing pocket, select one size smaller.
Determine Neck Height

Determining the appropriate neck height is critical to restoring the joint space. It must be done with the ulnohumeral joint reduced, which can best be performed by compressing the olecranon against the distal humerus with the elbow flexed 90 degrees. It is critical the coronoid contacts the trochlea during this process. The technique involves not only confirming the correct length, but also confirming that a shorter length is too short and a longer length is too long.

Insert the ARH Slide-Loc Height Gauge +1 mm (80-1581) and determine if the gauge simultaneously contacts the resected radius and capitellum (Figure 7). If there is no contact, sequentially insert a taller height gauge until it contacts the radius and the capitellum.

The number on the height gauge (+1 mm, +3 mm, +5 mm) corresponds to the neck height component. Confirm the next longer length is too long by inserting the next length gauge and confirming that it is too tight or by observing that the radius is displaced distally or the coronoid is separated from the trochlea.

**Warning:** If between sizes, select the shorter neck height. Implanting components that are too large may result in an “overstuffed” joint.
Standard Stem In Situ Surgical Technique [continued]

7 Select Trial Implants and Assemble

After selecting the ARH Slide-Loc Trial Head (5101-02XXX) and ARH Slide-Loc Trial Neck (5101-03XXN), align the laser marks on the head and neck and assemble using hand pressure (Figure 8). Attach the ARH Slide-Loc Trial Head Handle (80-2004) to the assembled trial head/neck (Figure 9). The trial head handle retracts the plunger in the trial neck (Figure 10).

**Note:** Left-specific trials are blue and right-specific trials are green.

**Caution:** Ensure the plunger is completely retracted by inserting the trial head handle into the trial neck until fully seated. A partially retracted plunger may prevent the trial neck from sliding onto the trial stem.

**Warning:** Do not install the trial head/neck assembly onto the implant stem for the purpose of assessing or evaluating the components. Trialing requires removal of the stem clamp, and reattaching it to the implant stem in situ is difficult. Improperly securing the clamp to the implant stem can result in incomplete locking of the head/neck to the stem. This may result in disengagement of the components postoperatively.
Insert Trial Stem

Rotate the forearm into a neutral position. Mark the lateral aspect of the radial neck with the cautery, in line with Lister’s tubercle.

The steps below can help ensure the clamp is properly secured to the trial stem (refer to Component Legend on pages 8 and 9 for component references):

1. Hold the body of the ARH Slide-Loc Trial Standard Stem (5101-01XXN) with the thumb and index finger.
2. Attach the ARH Slide-Loc Stem Clamp (80-2538) to the stem by first aligning the stem’s laser mark with the clamp’s laser mark.
3. Place the clamp’s left jaw into the stem’s left groove.
4. Squeeze the clamp’s handles until the right jaw engages the stem’s right groove (side with two notches).
5. Verify no gaps exist between the stem’s grooves and the clamp’s jaws. If a gap exists, wiggle the stem’s body until the jaws are fully seated in the grooves.
6. Tighten the clamp’s speed lock wheel until the yellow band cannot be seen, which indicates the clamp is secured to the stem.
7. Completely thread the ARH Slide-Loc Stem Inserter (80-1357) into the stem.

Insert the ARH Slide-Loc Trial Standard Stem into the radius with the laser mark on the stem aligned with the cautery marking on the lateral aspect of the radius (Figure 11). The stem inserter should be used to aid in stem insertion. Insert the trial stem until its base or platform is flush with the cut surface of the radius. The standard stem trials are .25 mm undersized from the reamers for ease of insertion.

Caution: If it is necessary to use a mallet, hit the stem inserter on the handle. Do not hit the stem clamp. This will ensure the connection between the trial stem and clamp is preserved and prevent damage to the stem clamp (Figure 11).
9 Attach Trial Head/Neck to Trial Stem

1. Position the ARH Slide-Loc Trial Head Handle (80-2004) so the shaft is parallel with the jaws of the ARH Slide-Loc Stem Clamp (80-2538) (Figure 12). This reduces the likelihood of the trial neck sliding off axis on the trial stem and the trial neck’s plunger not engaging with the trial stem’s base. While slightly retracting the radius with the stem clamp, slide the trial head/neck assembly completely onto the trial stem’s rails (figures 14 and 15).

2. Unthread the trial head handle to engage the trial neck’s plunger in the trial stem for provisional fixation. While unthreading the trial head handle from the trial head/neck assembly, apply axial (downward) pressure on the trial stem. This helps ensure it remains fully seated and the trial neck’s plunger properly engages the trial stem.

Caution: DO NOT rotate the trial head/neck assembly (Figure 16). Doing so will damage the trial head, neck, handle and result in unusable components.
Standard Stem *In Situ* Surgical Technique [continued]

3. Determine if the trials are the appropriate sizes. Consider using the contralateral X-ray as a reference point.

- Check for proper articulation with the capitellum and the coronoid (figures 17 and 18). The line along the articular margin of the radial head (blue line) should fall between parallel lines that pass through the central ridge and lateral edge of the coronoid (gold lines).³

4. Once the trial components have been assessed, remove the trial head/neck assembly by attaching the trial head handle and sliding the components off the trial stem’s rails. Then remove the trial stem.

**Note:** Forceps or Kochers may be used to remove the standard trial stem. If desired, the ARH Slide-Loc Stem Inserter (80-1357) is available to aid with the trial stem’s removal.

**Warning:** Trial components are NOT designed to be implanted.

Part Two: Implantation

10A Assemble the Implant Head and Neck

Verify the Morse taper interface between the head and neck is clean and dry.

Insert the selected ARH Slide-Loc Neck (5001-030XN-S) into the ARH Slide-Loc Head (5001-02XXX-S) with the laser marks on both components aligned (Figure 19).

Apply slight pressure to the head/neck assembly, while keeping the laser marks aligned, to initiate the connection (Figure 19).

Thread the ARH Slide-Loc Impactor Tip (80-3452) onto the ARH Slide-Loc Stem Inserter (80-1357). Place the head and neck on the ARH Slide-Loc Impactor Block (80-1503). Lock the Morse taper using the stem inserter (with impactor tip attached) and a mallet. Apply at least three high impact strikes to firmly engage the Morse taper connection.

Caution: The head/neck assembly should be done on a firm surface (ie, avoid using a Mayo stand) to ensure that adequate force is applied to the Morse taper connection.

Warning: Incomplete locking between the head and neck may result in disengagement of the components postoperatively.

Once the implant head and neck are fully engaged, attach the ARH Slide-Loc Head Assembly Tool (80-1511) to the implant head.

Note: To help align the fine threads between the Head Assembly Tool and Implant Head, hold the shaft of the ARH Slide-Loc Head Assembly Tool while turning it clockwise (Figure 21).
10B Prepare Stem for Implantation

**Warning:** Properly securing the implant stem to the clamp is critical to ensure the implant stem remains in a fixed or stable position when the implant head/neck assembly is rotated and locked.

Follow the steps below to ensure the clamp is properly secured to the stem:

1. Hold the body of the ARH Slide-Loc Standard Stem (5001-01XXN-S) with the thumb and index finger.
2. Attach the ARH Slide-Loc Stem Clamp (80-2538) to the stem by first aligning the stem’s laser mark with the clamp’s laser mark.
3. Place the clamp’s left jaw into the stem’s left groove (Figure 23).
4. Squeeze the clamp’s handles until the right jaw engages the stem’s right groove (side with two notches) (Figure 25).
5. Verify no gaps exist between the stem’s grooves and the clamp’s jaws. If a gap exists, wiggle the stem’s body until the jaws are fully seated in the grooves.
6. Tighten the clamp’s speed lock wheel until the yellow band cannot be seen, which indicates the clamp is secured to the stem.
7. Completely thread the ARH Slide-Loc Stem Inserter (80-1357) into the stem.
Standard Stem In Situ Surgical Technique [continued]

10C Insert Implant Stem

1. Insert the non-grit-blasted portion of the ARH Slide-Loc Standard Stem (5001-01XXN-S) into the canal.

2. Rotate and align the laser mark on the stem or ARH Slide-Loc Stem Clamp (80-2538) with Lister’s tubercle.

3. Fully seat the stem by impacting the ARH Slide-Loc Stem Inserter (80-1357) until the stem’s base is flush with the cut surface of the radius.

4. Use fluoroscopy to verify the stem’s base is flush with the cut surface of the radius. The clamp’s jaws are in the same plane as the stem. Therefore, if the clamp’s jaws are flush with the cut surface of the radius, the stem is also flush (Figure 28).

5. Remove the inserter once the stem is definitively inserted.

Warning: When using the mallet, hit the handle of the stem inserter, rather than the stem clamp. This preserves the connection with the stem by preventing the speed wheel from loosening and protects the integrity of the instrument (Figure 27).
Standard Stem In Situ Surgical Technique [continued]

10D Install the Head and Neck Implant Assembly

Select the ARH Slide-Loc Locking Guide that matches the corresponding neck trial and neck implant: +1 (80-2542), +3 (80-2543), or +5 (80-2544). Place the locking guide on the ARH Slide-Loc Stem Clamp (80-2538) by squeezing the locking guide’s clip (Figure 29) and sliding the locking guide’s rail onto the stem clamp’s arm (Figure 30). Release the clip when the guide is completely on the arm and engaged with the stem clamp.

1. While slightly retracting the radius with the stem clamp, slide the implant head/neck assembly completely onto the implant stem's rails (figures 31 and 32). The shaft of the ARH Slide-Loc Head Assembly Tool (80-1511) should remain parallel with the stem clamp’s jaws (Figure 33). This helps ensure the proper engagement between the implant neck and stem.

2. Advance the head/neck assembly until the head assembly tool’s collar clears the locking guide (Figure 36). This indicates the head/neck assembly is fully seated on the stem and allows for proper locking.

Note: Pronating or supinating the forearm may aid with sliding the head/neck assembly onto the stem’s rails.
Locking the Head/Neck to the Stem Implant

1. Slightly retract the radius with the ARH Slide-Loc Stem Clamp (80-2538) to ensure the head/neck assembly remains fully seated on the implant stem's rails.

2. Rotate the ARH Slide-Loc Head Assembly Tool (80-1511) toward the clamp's post, ensuring the head assembly tool's shaft remains in the locking guide’s slot (Figure 37). The head/neck is locked to the stem implant when the head assembly tool's shaft contacts the clamp’s post. The head assembly tool bounces back slightly after the shaft contacts the post.

3. Unscrew the head assembly tool to remove it from the implant head.

Caution: DO NOT rotate the stem clamp. Rotating the stem clamp may change the position of the stem in the radial canal and take it out of anatomic alignment.

Warning: The Morse taper and rotational locking mechanisms are designed to be engaged a maximum of two times. Engaging the taper and locking mechanisms more than twice may compromise the locking strength.
**Confirm Implant Alignment**

1. The head/neck laser lines will touch the laser line of the ARH Slide-Loc Stem Clamp (80-2538) when rotated into proper position. The corner of the stem may also be used as a reference rather than the cautery marking (figures 37, 38, 39).

2. Loosen the speed lock wheel to remove the clamp from the stem.

3. Pronate and supinate the forearm to ensure that the neck is fully seated against the stem.

**Caution:** Misaligned laser marks may indicate incomplete locking of components (figures 40 through 43). If there is misalignment, repeat the assembly and implantation process (steps 10A and/or 10D) and reconfirm alignment.

**Warning:** The Morse taper and rotational locking mechanisms are designed to be engaged a maximum of **two** times. Engaging the taper and locking mechanisms more than twice may compromise the locking strength.

4. Check for proper articulation with the capitellum and the coronoid (figures 44 and 45). The line along the articular margin of the radial head (blue line) should fall between parallel lines that pass through the central ridge and lateral edge of the coronoid (gold lines).  

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Postoperative Protocol

Postoperative management is determined by the overall management of the elbow and limb, as though the radial head had never been fractured. For isolated fractures of the radial head and neck without ligament injury, early motion is commenced in flexion and extension as well as pronation and supination. This is usually started about three days after surgery.
Standard Stem Ex Situ (Back Table Assembly)
Surgical Technique

Part One: Site Preparation and Trialing

The Slide-Loc Anatomic Radial Head System is designed to allow for implanting the head, neck, and stem in situ. Depending on the integrity of the lateral soft tissues, it may be preferable to assemble the implant components ex situ on the back table and insert them as a one-piece construct.

1 Incision and Dissection

Guidance provided by Shawn O’Driscoll, MD, PhD, and Marc Richard, MD

In fracture dislocation patterns, there is typically a traumatic dissection of the soft tissues just anterior to the lateral ulnar collateral ligament (LUCL) complex. For delayed reconstructions, a Kocher approach is often necessary to adequately subluxate the radius for instrumentation and prosthetic implantation. The Kaplan interval permits the ligament to be left intact. With either approach, the deep incision is placed in a line from the lateral epicondyle toward Lister’s tubercle, with the forearm in neutral rotation. Proximally, the extensor longus (ECRL) origin is released with the anterior capsule to permit direct access to the front of the radial head.

Deep dissection is performed with the forearm in pronation to maximize the distance from the posterior interosseous nerve (PIN). In pronation, the PIN crosses the midpoint of the radial shaft an average of 5.6 cm distal to the capitellum. Furthermore, the PIN has been demonstrated to be within the substance of the supinator muscle 98% of the time. Therefore, common to all exposures, deep dissection includes division of the annular ligament and subsequent exposure of the proximal radial neck. More distal dissection is easily achieved with subperiosteal elevation of the overlying supinator while the forearm is pronated. This method minimizes the potential for structural injury to the PIN.

Note: The trial components can also be assembled prior to insertion into the radial canal. Back-table trial assembly can be performed without the use of the ARH Slide-Loc Stem Clamp.

Caution: If it is necessary to hit the trial implant assembly to insert it into the radial canal, care must be taken. Impacting the trial components at an angle or non-axial direction may cause the trial neck to become dislodged from the trial stem.

NEXT: Complete steps 2-9 (pages 12–19) from the Standard Stem In Situ Technique to perform site preparation and trialing.


Standard Stem *Ex Sitiu* (Back Table Assembly) Surgical Technique

**Part Two: Implantation**

2. **Assemble the Implant Head and Neck**

Verify the Morse taper interface between the head and neck is clean and dry.

Insert the selected ARH Slide-Loc Neck (5001-030XN-S) into the ARH Slide-Loc Head (5001-02XXX-S) with the laser marks on both components aligned (Figure 48).

Apply slight pressure to the head/neck assembly, while keeping the laser marks aligned, to initiate the connection (Figure 48).

Thread the ARH Slide-Loc Impactor Tip (80-3452) onto the ARH Slide-Loc Stem Inserter (80-1357). Place the head and neck on the ARH Slide-Loc Impactor Block (80-1503). Lock the Morse taper using the stem inserter (with impactor tip attached) and a mallet. Apply at least three high impact strikes to firmly engage the Morse taper connection.

**Caution:** The head/neck assembly should be done on a firm surface (ie, avoid using a Mayo stand) to ensure that adequate force is applied to the Morse taper connection.

**Warning:** Incomplete locking between the head and neck may result in disengagement of the components postoperatively.

Once the implant head and neck are fully engaged, attach the ARH Slide-Loc Head Assembly Tool (80-1511) to the implant head.

**Note:** To help align the fine threads between the Head Assembly Tool and Implant Head, hold the shaft of the ARH Slide-Loc Head Assembly Tool while turning it clockwise (Figure 51).
3 Prepare the Implant Stem for Back Table Assembly

**Warning:** Properly securing the implant stem to the clamp is critical to ensure the implant stem remains in a fixed and stable position when the implant head/neck assembly is rotated and locked to the implant stem.

Follow the steps below to ensure the clamp is properly secured to the stem:

1. Hold the body of the ARH Slide-Loc Standard Stem (5001-01XXN-S) with the thumb and index finger.
2. Attach the ARH Slide-Loc Stem Clamp (80-2538) to the stem by first aligning the stem’s laser mark with the clamp’s laser mark.
3. Place the clamp’s left jaw into the stem’s left groove (Figure 52).
4. Squeeze the clamp’s handles until the right jaw engages the stem’s right groove (side with two notches) (Figure 54).
5. Verify no gaps exist between the stem’s grooves and clamp’s jaws. If a gap exists, wiggle the stem’s body until the jaws are fully seated in the grooves.
6. Tighten the clamp’s speed lock wheel until the yellow band cannot be seen, which indicates the clamp is secured to the stem.
Install the Head and Neck Assembly

Select the ARH Slide-Loc Locking Guide that matches the corresponding neck trial and neck implant: +1 (80-2542), +3 (80-2543), or +5 (80-2544). Place the locking guide on the ARH Slide-Loc Stem Clamp (80-2538) by squeezing the locking guide’s clip (Figure 56) and sliding the locking guide’s rail onto the clamp’s arm (Figure 57). Release the clip when the guide is completely on the arm and engaged with the stem clamp.

1. Slide the implant head/neck assembly completely onto the implant stem’s rails (Figure 58). The shaft of the ARH Slide-Loc Head Assembly Tool (80-1511) should remain parallel with the stem clamp’s jaws (Figure 59). This helps ensure the proper engagement between the implant neck and stem.

2. Advance the head/neck assembly until the head assembly tool’s collar clears the locking guide (Figure 62). This indicates the head/neck assembly is fully seated on the stem and allows for proper locking.
Lock the Head/Neck to the Stem Implant

1. While holding the ARH Slide-Loc Stem Clamp (80-2538), rotate the ARH Slide-Loc Head Assembly Tool (80-1511) toward the stem clamp’s post, ensuring the head assembly tool’s shaft remains in the locking guide’s slot (Figure 63). The head/neck is locked to the stem implant when the head assembly tool’s shaft contacts the clamp’s post. The head assembly tool bounces back slightly after the shaft contacts the post.

2. Unscrew the head assembly tool to remove it from the head.

3. Loosen the speed lock wheel to allow removal of the clamp from the stem.

**Note:** The head/neck laser lines will also align with the stem clamp’s laser line when rotated into position. Confirm the head/neck/stem laser lines are touching each other (Figure 64).

**Caution:** Misaligned laser marks may indicate incomplete locking of components (figures 63 and 64). If there is misalignment, repeat the assembly process and confirm alignment again before implantation.

**Warning:** The Morse taper and rotational locking mechanisms are designed to be engaged a maximum of **two** times. Engaging the taper and locking mechanisms more than twice may compromise the locking strength.
Standard Stem *Ex Situ* (Back Table Assembly) Surgical Technique [continued]

5 **Insert the Assembled Implant**

Completely thread the ARH Slide-Loc Impactor Tip (80-3452) onto the ARH Slide-Loc Stem Inserter (80-1357) (Figure 67). Insert the assembled implant into the radius using the stem inserter (with impactor tip attached) and a mallet. Ensure the laser mark on the implant head is aligned with the lateral aspect of the radius when the forearm is in neutral position. Lister’s tubercle may also be used as a landmark for laser mark orientation.

- Check for proper articulation with the capitellum and the coronoid (figures 69 and 70). The line along the articular margin of the radial head (blue line) should fall between parallel lines that pass through the central ridge and lateral edge of the coronoid (gold lines).\(^1\)

Postoperative Protocol

Postoperative management is determined by the overall management of the elbow and limb, as though the radial head had never been fractured. For isolated fractures of the radial head and neck without ligament injury, early motion is commenced in flexion and extension as well as pronation and supination. This is usually started about three days after surgery.
Long Stem Surgical Technique

Introduction

This technique typically requires two resection steps to accommodate the 10° neck/shaft angle and proportional change in neck length with stem diameter. The first resection clears a path to insert the reamer and the second resection establishes the appropriate insertion depth for the final stem size. If using the 6 mm stem, only one resection is required. If the reamer’s final size is larger than 6 mm (ie 8, 10, or 12 mm), a second cut and subsequent reaming to the instrument’s laser mark band accommodates for the respective size of implant stem.

Refer to the reference chart below for the amount of resection that corresponds with the long stem’s diameter and length.

**Note:** Depending on the integrity of the lateral soft tissues, it may be preferable to implant the Slide-Loc Anatomic Radial Head as a one-piece construct (see the Standard Stem Ex Situ technique on page 27).

<table>
<thead>
<tr>
<th>Stem Diameter</th>
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<th>Long Stem Length</th>
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*Resection length includes a +3 mm neck
**Overall implant length = resection length + stem length
Long Stem Surgical Technique [continued]

Part One: Site Preparation and Trialing

**Warning:** Use of a posterior approach may interfere with in situ assembly of the implant.

1. **Incision and Dissection**

   Guidance provided by Shawn O’Driscoll, MD, PhD, and Marc Richard, MD

   **In Situ Assembly**

   The following approach may be used to preserve the lateral ulnar collateral ligament (LUCL) and facilitate exposure of the radial head and anterior joint. This approach can facilitate the positioning of the ARH Slide-Loc Stem Clamp when performing in situ assembly of the respective components.

   An incision is made along a line connecting the lateral epicondyle and the equator of the radial head. Proximal dissection is carried along the lateral column of the distal humerus. Distal dissection is carried longitudinally along the radial shaft.

   **Ex Situ (Back Table) Assembly**

   In fracture dislocation patterns, there is typically a traumatic dissection of the soft tissues just anterior to the lateral ulnar collateral ligament (LUCL) complex. For delayed reconstructions, a Kocher approach is often necessary to adequately subluxate the radius for instrumentation and prosthetic implantation. The Kaplan interval permits the ligament to be left intact. With either approach, the deep incision is placed in a line from the lateral epicondyle toward Lister’s tubercle, with the forearm in neutral rotation. Proximally, the extensor longus (ECRL) origin is released with the anterior capsule to permit direct access to the front of the radial head.

   Deep dissection is performed with the forearm in pronation to maximize the distance from the posterior interosseous nerve (PIN). In pronation, the PIN crosses the midpoint of the radial shaft an average of 5.6 cm distal to the capitellum.\(^1\) Furthermore, the PIN has been demonstrated to be within the substance of the supinator muscle 98% of the time.\(^2\) Therefore, common to all exposures, deep dissection includes division of the annular ligament and subsequent exposure of the proximal radial neck. More distal dissection is easily achieved with subperiosteal elevation of the overlying supinator while the forearm is prone. This method minimizes the potential for structural injury to the PIN.

   **Note:** Stem removal can be very difficult if a fully porous, coated surface is well ingrown with bone. Slap hammers and vice grips are useful. After stem removal, find the radial canal distal to the end of the primary stem before reaming. This can be done with a small pointed device such as a Rush reamer. Image intensification can be used to avoid cortical perforation.

---


Radial Head/Neck Resection

1. Place the Long Stem Resection Guide (80-1512) against the capitellum and in line with the radial neck.
2. Score the bone with a blade. If there is no bone at the 6 mm level, proceed with sequential reaming.
3. Resect at the 6 mm level within the resection guide using an Osteotomy Saw Blade Hub Style L or S (80-0739-S or 80-0740-S) or .6 mm thick blade. This resection level will remove enough neck to allow the reamers to be directly inserted into the radial canal.

Ream Canal

The Radius Retractor (80-1509) is available to elevate the radius. Use the 5.5 mm Quick Release Awl (TR-0206) to initially enter the canal.

1. Starting with the 6 mm Long Stem Reamer (80-1706), prepare the canal for the stem using sequentially larger reamers until “cortical chatter” and a tight fit are achieved.
2. If the final reamer diameter size is greater than 6 mm, re-cut the radial neck using the Long Stem Resection Guide and microsagittal saw to the length corresponding to the final reamer size.
3. Re-insert the final size reamer until the laser mark band is even with the level of resection.

Note: Confirm the fit by rotating the reamer inside the forearm. If the forearm rotates when the reamer is turned, a sufficiently tight fit has been achieved.

Warning: The Long Stem Reamers (80-17XX) are not intended to be used under power. Using them under power may result in over-reaming or fracturing the radial canal.
Long Stem Surgical Technique [continued]

4 Determine Head Diameter
Determine the head diameter by placing the resected head upside down in the sizing pockets on the ARH Slide-Loc Impactor Block (80-1503). If between sizes or if the head fits loosely in the sizing pocket, select one size smaller.

5 Select Trial Implants and Assemble
After selecting the ARH Slide-Loc Trial Head (5101-02XXX) and ARH Slide-Loc Trial Neck (5101-03XXN), align the laser marks on the head and neck and assemble using hand pressure (Figure 77). Attach the ARH Slide-Loc Trial Head Handle (80-2004) to the assembled trial head/neck (Figure 78). The trial head handle retracts the plunger in the trial neck (Figure 79).

**Note:** Left-specific trials are blue and right-specific trials are green.

**Note:** The +3 mm neck matches the resection lengths on the long stem resection guide.

**Caution:** Ensure the plunger is completely retracted by inserting the trial head handle into the trial neck until fully seated. A partially retracted plunger may prevent the trial neck from sliding onto the trial stem.

**Warning:** Do not install the trial head/neck assembly onto the implant stem for the purpose of assessing or evaluating the components. Trialing requires removal of the stem clamp, and reattaching it to the implant stem in situ is difficult. Improperly securing the clamp to the implant stem can result in incomplete locking of the head/neck to the stem and may result in disengagement of the components postoperatively.
Left Clamp Jaw

Right Clamp Jaw

Speed Lock Wheel

Insert Trial Stem

Rotate the forearm to a neutral position. Mark the lateral aspect of the radial neck with the cautery, in line with Lister’s tubercle.

The steps below can help ensure the clamp is properly secured to the trial stem (refer to Component Legend on pages 8 and 9 for component references):

1. Hold the body of the ARH Slide-Loc Trial Long Stem (5101-04XXN) with the thumb and index finger.

2. Attach the ARH Slide-Loc Stem Clamp (80-2538) to the stem by first aligning the stem’s laser mark with the clamp’s laser mark.

3. Place the clamp’s left jaw into the stem’s left groove (Figure 80).

4. Squeeze the clamp’s handles until the right jaw engages the stem’s right groove (side with two notches) (Figure 81).

5. Verify no gaps exist between the stem’s grooves and the clamp’s jaws. If a gap exists, wiggle the stem’s body until the jaws are fully seated in the grooves.

6. Tighten the clamp’s speed lock wheel until the yellow band cannot be seen, which indicates the clamp is secured on the stem.

7. Completely thread the ARH Slide-Loc Stem Inserter (80-1357) into the stem.

Insert the trial long stem into the radius with the laser mark (dotted line) on the stem aligned with the cautery marking on the lateral aspect of the radius and subsequently with Lister’s tubercle (Figure 82). The stem inserter should be used to aid in stem insertion. Insert the trial stem until the laser mark (solid band) is flush with the cut surface of the radius. The diameter of the trial long stem matches the diameter of the corresponding reamer.

Caution: Do not impact the trial long stem into the canal. If the trial cannot be placed at the insertion line without impaction, recheck the reaming depth or resection cut.
Long Stem Surgical Technique [continued]

7 Attach Trial Head/Neck to Trial Stem

1. Position the ARH Slide-Loc Trial Head Handle (80-2004) so the shaft is parallel with the jaws of the ARH Slide-Loc Stem Clamp (80-2538) (Figure 83). This reduces the likelihood of the trial neck sliding off axis on the trial stem and the trial neck’s plunger not engaging with the trial stem’s base. While slightly retracting the radius with the stem clamp, slide the trial head/neck assembly completely onto the trial stem’s rails (figures 83 and 84).

2. Unthread the trial head handle to engage the trial neck’s plunger in the trial stem for provisional fixation. While unthreading the trial head handle from the trial head/neck assembly, apply axial (downward) pressure on the trial stem. This helps ensure it remains fully seated and the trial neck’s plunger properly engages the trial stem.

3. Determine if the trials are the appropriate sizes. Consider using the contralateral X-ray as a reference point.

**Note:** If the +3 mm neck does not provide proper articulation with the capitellum and coronoid, a +1 mm or +5 mm neck may be used to adjust accordingly.

**Caution:** DO NOT rotate the trial head/neck assembly (Figure 88). Doing so will damage the trial head, neck, and handle and result in unusable components.

**Warning:** Trial components are NOT designed to be implanted.
Assemble the Implant Head and Neck

Verify the Morse taper interface between the head and neck is clean and dry.

Insert the selected ARH Slide-Loc Neck (5001-030XN-S) into the ARH Slide-Loc Head (5001-02XXX-S) with the laser marks on both components aligned (Figure 88).

Apply slight pressure to the head/neck assembly, while keeping the laser marks aligned, to initiate the connection (Figure 88).

Thread the ARH Slide-Loc Impactor Tip (80-3452) onto the ARH Slide-Loc Stem Inserter (80-1357). Place the head and neck on the ARH Slide-Loc Impactor Block (80-1503). Lock the Morse taper using the stem inserter (with impactor tip attached) and a mallet. Apply at least three high impact strikes to firmly engage the Morse taper connection.

Caution: The head/neck assembly should be done on a firm surface (ie, avoid using a Mayo stand) to ensure that adequate force is applied to the Morse taper connection.

Warning: Incomplete locking between the head and neck may result in disengagement of the components postoperatively.

Once the implant head and neck are fully engaged, attach the ARH Slide-Loc Head Assembly Tool (80-1511) to the implant head.

Note: To help align the fine threads between the head assembly tool and the implant head, hold the shaft of the head assembly tool while turning it clockwise (Figure 91).
Long Stem Surgical Technique [continued]

8B Prepare Stem for Implantation

Warning: Properly securing the implant stem to the clamp is critical to ensure the implant stem remains in a fixed and stable position when the implant head/neck assembly is rotated and locked to the implant stem.

Follow the steps below to ensure the clamp is properly secured to the stem:

1. Hold the body of the ARH Slide-Loc Long Stem (5001-04XXX-S) with thumb and index finger.
2. Attach the ARH Slide-Loc Stem Clamp (80-2538) to the stem by first aligning the stem’s laser mark with the clamp’s laser mark.
3. Place the clamp’s left jaw into the stem’s left groove (Figure 93).
4. Squeeze the clamp’s handles until the right jaw engages the stem’s right groove (side with two notches) (Figure 94).
5. Verify no gaps exist between the stem’s grooves and the clamp’s jaws. If a gap exists, wiggle the stem’s body until the jaws are fully seated in the grooves.
6. Tighten the clamp’s speed lock wheel until the yellow band cannot be seen, which indicates the clamp is secured to the stem.
7. Completely thread the ARH Slide-Loc Stem Inserter (80-1357) into the stem.
**Insert Implant Stem**

1. Insert the non-grit-blasted portion of the stem into the canal.
2. Rotate and align the laser mark (dotted line) on the stem or clamp with Lister’s tubercle.
3. Fully seat the stem by impacting the inserter until the stem’s laser mark (solid band) is flush with the cut surface of the radius.
4. Remove the inserter once the stem is definitively inserted.

The long stem implants are 0.25 mm larger than the reamers and trials.

**Warning:** When using the mallet, hit the handle of the stem inserter, rather than the ARH Slide-Loc Stem Clamp (80-2358). This preserves the connection with the stem by preventing the speed wheel from loosening and protects the integrity of the instrument (Figure 96).
Install the Head and Neck Implant Assembly

Select the ARH Slide-Loc Locking Guide that matches the corresponding neck trial and neck implant: +1 (80-2542), +3 (80-2543), or +5 (80-2544). Place the locking guide on the ARH Slide-Loc Stem Clamp (80-2538) by squeezing the locking guide’s clip (Figure 97) and sliding the locking guide’s rail onto the clamp’s arm (Figure 98). Release the clip when the guide is completely on the arm and engaged with the stem clamp.

1. Slide the implant head/neck assembly completely onto the implant stem’s rails (figures 99 and 100). The shaft of the ARH Slide-Loc Head Assembly Tool (80-1511) shaft should remain parallel with the stem clamp’s jaws (Figure 101). This helps ensure proper engagement between the implant neck and stem.

2. Advance the head/neck assembly until the head assembly tool’s collar clears the locking guide. This indicates the head/neck assembly is fully seated on the stem and allows for proper locking (Figure 104).

Note: Pronating or supinating the forearm may aid with sliding the head/neck assembly onto the stem’s rails.
Long Stem Surgical Technique [continued]

8E Locking the Head/Neck to the Stem Implant

1. Slightly retract the radius with the ARH Slide-Loc Stem Clamp (80-2358) to aid in fully seating the head/neck assembly on the implant stem’s rails.

2. Rotate the ARH Slide-Loc Head Assembly Tool (80-1511) toward the clamp’s post, ensuring the head assembly tool’s shaft remains in the locking guide’s slot. The head/neck is locked to the stem implant when the head assembly tool’s shaft contacts the clamp’s post. The head assembly tool bounces back slightly after the shaft contacts the post.

3. Unscrew the head assembly tool to remove it from the implant head.

Caution: DO NOT rotate the stem clamp. Rotating the stem clamp may change the position of the stem in the radial canal and take it out of anatomic alignment.

Warning: The Morse taper and rotational locking mechanisms are designed to be engaged a maximum of two times. Engaging the taper and locking mechanisms more than twice may compromise the locking strength.
Confirm Implant Alignment

1. Confirm the head, neck, and stem laser lines are aligned with each other. The head/neck laser lines will also align with the ARH Slide-Loc Stem Clamp (80-2538) laser line when rotated into position. The stem laser line should align with the cautery mark/Lister’s tubercle.

2. Loosen the speed lock wheel to remove the clamp from the stem.

3. Pronate and supinate the forearm to ensure that the neck is fully seated against the stem.

Caution: Misaligned laser marks may indicate incomplete locking of components (figures 108 and 109). If there is misalignment, repeat the assembly and implantation process (steps 8A and/or 8D) and then reconfirm alignment.

Warning: The Morse taper and rotational locking mechanisms are designed to be engaged a maximum of two times. Engaging the taper and locking mechanisms more than twice may compromise the locking strength.

Determine if the implants are the appropriate sizes. Consider using the contralateral X-ray as a reference point. Refer to fluoroscopy images, figures 44 and 45, on page 25.

Postoperative Protocol

Postoperative management is determined by the overall management of the elbow and limb, as though the radial head had never been fractured. For isolated fractures of the radial head and neck without ligament injury, early motion is commenced in flexion and extension as well as pronation and supination. This is usually started about three days after surgery.
Head, Neck, and Stem Removal
Surgical Technique

1. **Implant Head/Neck Removal**

   **Note:** This technique applies to both standard and long stems.

   To remove the implant head/neck assembly, insert the ARH Slide-Loc Stem Clamp (80-2538) into the groove on the stem. Then attach the ARH Slide-Loc Head Assembly Tool (80-1511) to the head. While holding the stem clamp in place, rotate the head assembly tool approximately 45 degrees counterclockwise away from the locked position until the shaft of the head assembly tool is parallel to the stem clamp. Pull the head/neck assembly away from the stem.

   To separate the implant head from the neck, thread the ARH Slide-Loc Trial Head Handle (80-2004) into the neck. Then insert the ARH Slide-Loc Stem Inserter (80-1357) into the trial head handle. While holding on to the head, turn the stem inserter clockwise until the neck disengages from the head. If necessary, insert the Cross Bar (80-1771) through the handle of the stem inserter for increased turning leverage. The ARH Slide-Loc Head Assembly Tool can also be used for additional leverage.

   **Note:** The Morse taper and rotational locking mechanisms are designed to be engaged a maximum of **two** times.

   **Note:** Should the implant head be removed without the neck, vise grips may be used to rotate the neck off of the stem.
Head, Neck, and Stem Removal
Surgical Technique [continued]

2 Implant Stem Removal
To remove the implant stem, thread the ARH Slide-Loc Stem Inserter (80-1357) into the stem. Ensure the inserter is completely threaded into the stem. Insert the Cross Bar (80-1771) through the handle of the stem inserter. Using a mallet, tap the cross bar until the stem is removed.
### Ordering Information

#### Tray Components

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Acumed® Slide-Loc™ Anatomic Radial Head System (Patent Pending) Surgical Technique
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<td>5001-0222L-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Head 24 mm, Left</td>
<td>5001-0224L-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Head 26 mm, Left</td>
<td>5001-0226L-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Head 28 mm, Left</td>
<td>5001-0228L-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Head 18 mm, Right</td>
<td>5001-0218R-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Head 20 mm, Right</td>
<td>5001-0220R-S</td>
</tr>
<tr>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Slide-Loc ARH Neck Implants</th>
<th>Slide-Loc ARH Long Stem Implants</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARH Slide-Loc Neck +1 mm</td>
<td>5001-0301N-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Neck +3 mm</td>
<td>5001-0303N-S</td>
</tr>
<tr>
<td>ARH Slide-Loc Neck +5 mm</td>
<td>5001-0305N-S</td>
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#### Optional Components

<table>
<thead>
<tr>
<th>Osteotomy Saw Blade Hub Style L</th>
<th>Osteotomy Saw Blade Hub Style S</th>
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<tbody>
<tr>
<td>80-0739-S</td>
<td>80-0740-S</td>
</tr>
</tbody>
</table>

*Please note: Implants are provided sterile-packed, separate from the system tray.*

To learn more about the full line of Acumed innovative surgical solutions, please contact your local Acumed sales representative, call 888.627.9957, or visit [www.acomed.net](http://www.acumed.net).
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