

Japan Edition

Surgical Technique



Acumed® is a global leader of innovative orthopaedic and medical solutions.







Acumed® Acu-Loc® 2 Wrist Plating System

The Acu-Loc 2 Wrist Plating System offers various plate families and screw technologies to treat multiple fracture patterns of the distal radius and distal ulna regions. Included are the Volar Distal Ulna Plates and the Volar, Dorsal, and Fragment Specific Distal Radius Plates.

Acumed has introduced the Acu-Loc 2 Volar Distal Radius (VDR) Plating System as the next generation in plating fixation. The system presents several new plate options, a unique two-piece locking compression screw, innovative instrumentation for fracture management, and new plate placement tools.

Some products shown and/or described may not be available in your distribution area. Please contact your local authorized Acumed distributor for any further information.

	Definition
Warning	Indicates critical information about a potential serious outcome to the patient or the user.
Caution	Indicates instructions that must be followed in order to ensure the proper use of the device.
Note	Indicates information requiring special attention.



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System Features

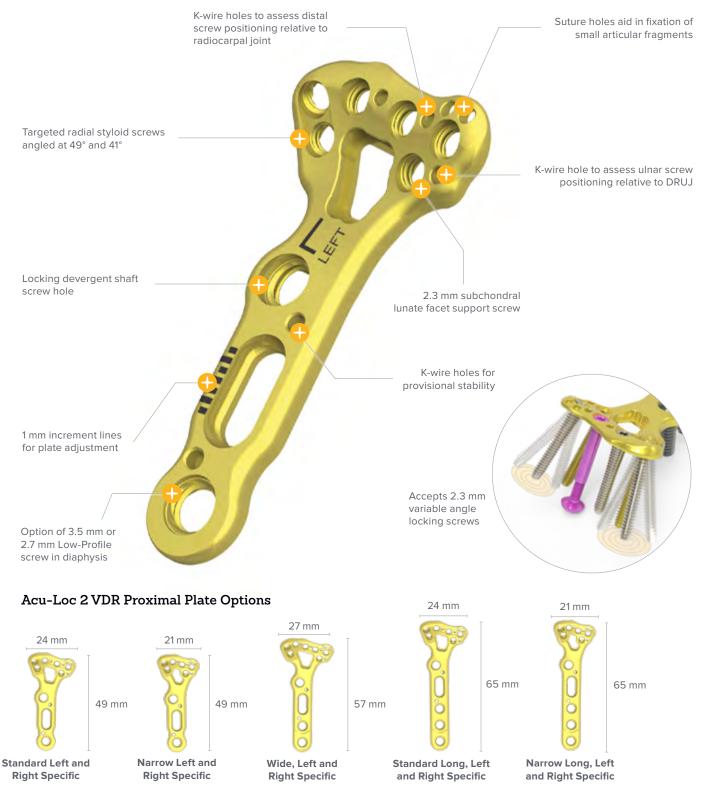
Acu-Loc 2 Volar Distal Radius (VDR) Plates

The standard Acu-Loc 2 Plate is designed to closely replicate the anatomical contours of the distal radius and may assist in restoring the original geometry. The 2.3 mm Locking Variable Angle Screws can be used in the distal styloid hole only for all silver-colored Acu-Loc 2 VDR Plates. Please see the 2.3 mm Locking Variable Angle Screw section for additional information.



Acu-Loc 2 Volar Distal Radius (VDR) Proximal Plates

VDR Proximal Plates are designed to sit approximately 2 mm more proximal than the VDR Standard Plates. All 2.3 mm screws in the system, including the locking variable angle screws, may be used in any 2.3 mm screw hole of the Acu-Loc 2 VDR Proximal Plates. Please see the 2.3 mm Locking Variable Angle Screw section for additional information.



Acu-Loc 2 VDR Extension Plates

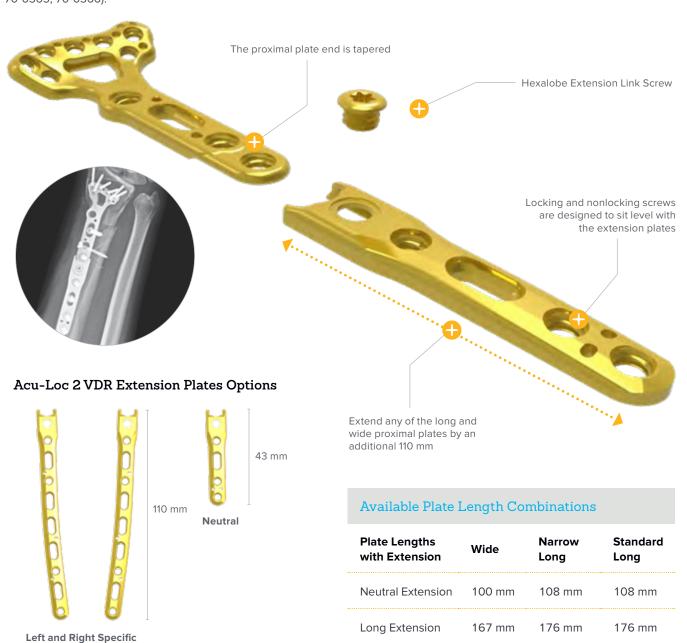
The Acu-Loc 2 VDR Plating System includes the ability to extend the Acu-Loc 2 VDR Proximal Plates. The Acu-Loc 2 VDR Extension Plates are rigidly locked with a Acu-Loc 2 VDR Plate (hex) Extension Link Screw (30-0093) or Acu-Loc 2 VDR Hexalobe Extension Link Screw (30-0100) to the following Acu-Loc 2 VDR Proximal Plates:

- Acu-Loc 2 VDR Proximal Standard Long Plates
- Acu-Loc 2 VDR Proximal Narrow Long Plates
- Acu-Loc 2 VDR Proximal Wide Plates

Long Extension Plates

Modular plate attachments allow surgeons to extend any of the long and wide proximal plates by an additional 110 mm. This option has both left and right plates to accommodate the radial bow. Plates are connected by a hex or hexalobe link screw.

Warning: The 2.7 mm Low-Profile Hexalobe Screw is not designed to be used with the Acu-Loc 2 Extension Plate (70-0364, 70-0365, 70-0366).



Distal Radius Fragment Specific (DRFS) Plates

Acu-Loc Dorsal Plates

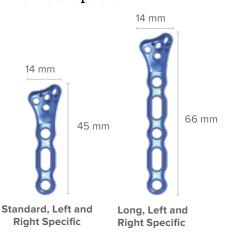
The locking Acu-Loc Dorsal Plates offer a solution to treat distal radius fractures that need to be addressed from the dorsal side.

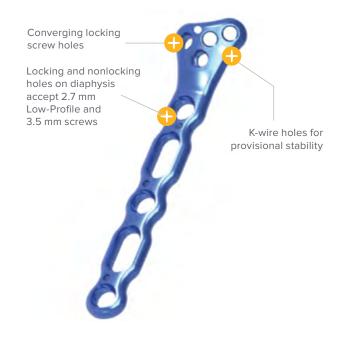


Acu-Loc® Volar Distal Ulna (VDU) Plates

The Acu-Loc VDU Plates are designed specifically for periarticular fractures of the distal ulna. The screw positioning and angulation targets distal fragments of the ulnar head and neck.

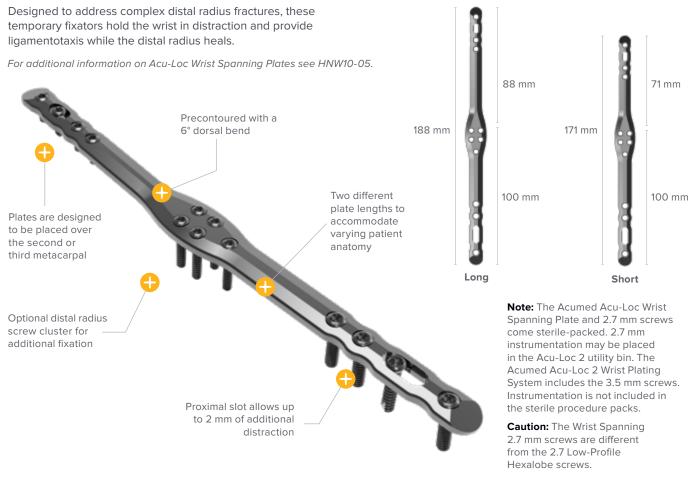
Acu-Loc VDU Plate Options





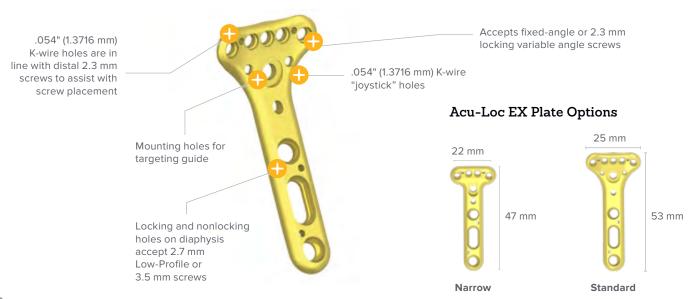
Wrist Spanning Plates

Acu-Loc Wrist Spanning Plate Options



Acu-Loc Extra-articular (EX) Plates

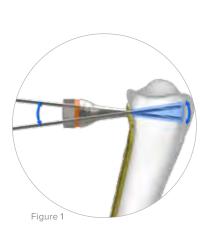
All of the 2.3 mm screws in the system, including the locking variable angle screws, may be used in the distal row of the Acu-Loc EX Plates. Please see the 2.3 mm Locking Variable Angle Screw section for additional information.

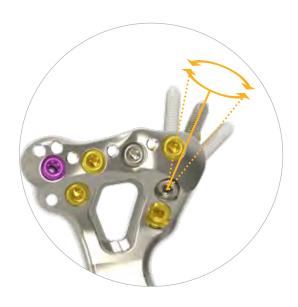




2.3 mm Screw Head Geometry

Reduced head geometry is designed to be level with the thinner plate design of the Acu-Loc 2 Volar Distal Radius Plates.





2.3 mm Locking Variable Angle Screw

The Acumed 2.3 mm Locking Variable Angle Screws (30-23XX) can be used in any distal hole of any of the gold-colored Acu-Loc 2 VDR Proximal Plates and Acu-Loc EX Plates. The 2.3 mm Locking Variable Angle Screws can also be used in the silver-colored Acu-Loc 2 VDR Plates, but only in the distal styloid hole. The 2.3 mm locking variable angle screw size options are 14–28 mm in 2 mm increments. The locking variable angle screws allow for a total variance of 15°. Locking variable angle screws are designed to aid in the capture of specific fragments or to accommodate variations in patient anatomy.

Note: The locking variable angle screw technology should not be used to compensate for suboptimal plate positioning and fracture reduction.

A conical 2.3 mm Variable Angle Drill Guide (80-0762) enables the surgeon to drill within the suggested 15° boundary (Figure 1). Fixed-angle radiolucent targeting guides come standard.

The locking variable angle screw instrumentation is color-coded orange to allow for quick identification of the proper drill, drill quide, and driver handle in the system.

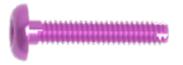
Caution:

The 2.3 mm locking variable angle screws should only be used in the distal styloid hole in the silver-colored Acu-Loc 2 VDR Plates and not in any of the other distal holes in the plate.

Frag-Loc® Compression Screw



Frag-Loc Compression Sleeve (30-0370)



Frag-Loc Compression Screw (30-0371)



Frag-Loc Compression Screw, Long (30-0372)



Note: The Frag-Loc Compression Screw may only be used for screw lengths of 16–24 mm, and the long Frag-Loc Compression Screw may be used for lengths of 20–28 mm.

A second 2.3 mm screw may be placed in an adjacent screw hole to prevent rotation of the dorsal bone fragment.





Key Instruments



Acu-Loc 2 KickStand Posts

With the introduction of the next generation of distal radius fixation, the Acu-Loc 2 System offers a variety of innovative instrumentation. The KickStand Posts (80-07XX) are threaded plate posts designed to assist with distal radius volar tilt correction by lifting the proximal end of the plate away from the radial shaft to form a stable platform with which to achieve distal screw fixation.

Six different KickStand post angles are offered to assist with corrective osteotomies and dorsally displaced fractures. Five of the KickStand posts are offered in fixed increments of 5°, 10°, 15°, 20°, and 25° osteotomy angles. A fully threaded option for fractures allows for volar tilt correction between 5 and 30 degrees.

During an osteotomy, the desired angular correction of the volar aspect of the distal radius determines which KickStand post is selected. A 10° KickStand post will lift the plate approximately 7.5 mm. The chosen KickStand post is threaded into the locking hole just proximal of the adjustment slot of the Acu-Loc 2 VDR Plate prior to plate placement.





KickStand Post 10° (80-0719)



KickStand Post 15° (80-0720)



KickStand Post 20° (80-0721)



KickStand Post 25° (80-0722)



KickStand Post 5–30° (80-0731)



Key Instruments

Targeting Guide with Radiopaque Markers

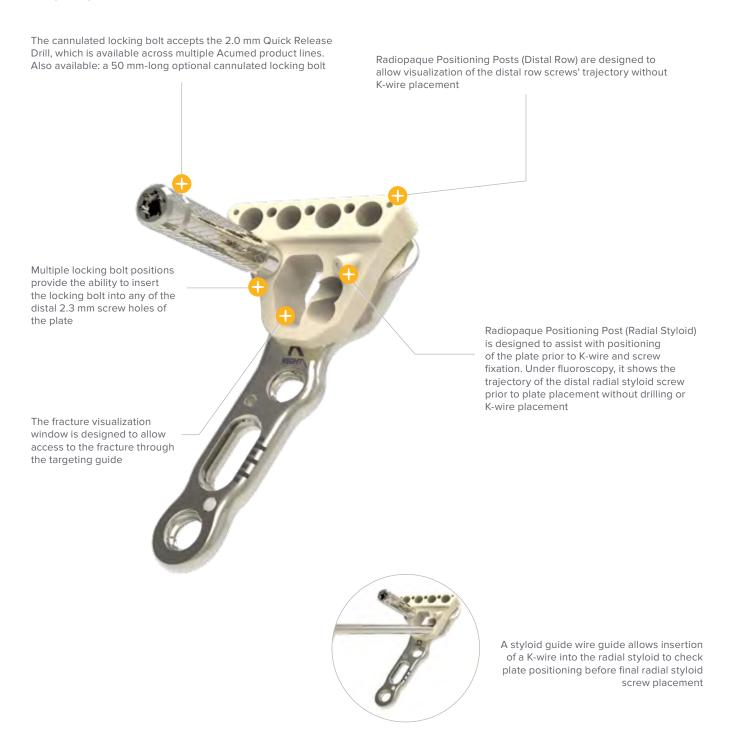


Plate Placement Instrumentation

Acu-Loc® 2 Volar Distal Radius (VDR) Targeting Guides







Figure 1B

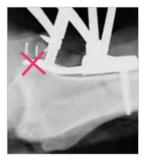


Figure 2A Incorrect Placement



Figure 2B Correct Placement

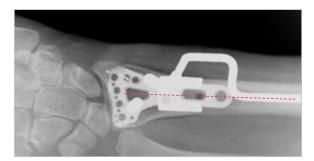


Figure 3







The low-profile radiolucent targeting guides allow the surgeon to target and insert all distal screws. Radiopaque positioning posts have been integrated into the targeting guides to assist with plate placement under fluoroscopy.

Styloid Positioning Post (Figures 1A and 1B):

To verify plate placement, a radiopaque styloid post is utilized in an anteroposterior (A/P) view to project the trajectory of the most distal styloid screw. To align styloid screw placement, position the wrist under fluoroscopy in an A/P view and adjust the plate so that the positioning post targets the styloid tip. This verifies correct trajectory of the styloid screw prior to drilling.

Note: The .054" x 6" K-wire (WS-1406ST) can also be used to verify styloid screw trajectory by inserting the .054" K-wire into the .054" K-wire Guide (80-0688) through the targeting guide screw holes.

Distal Screw Placement (Figures 2A and 2B):

To verify plate placement from a lateral view, line up the two parallel radiopaque posts. A single plane is created by the goal posts beneath the subchondral bone, showing trajectory of the distal screw row. If the posts do not target into the joint, then the distal screw row will not either. The correct trajectory can be achieved by lifting the hand in neutral rotation so that the forearm is 20 degrees to the surgical table.

The distal K-wire holes in the targeting guides and Acu-Loc 2 VDR plates allow placement of K-wires to also verify plate placement. The K-wire holes are in line with the distal screws of all Acu-Loc 2 VDR plates, allowing the surgeon to verify screw placement.

The plate's position can then be secured proximally with a $.054" \times 6"$ K-wire or Plate Tack (PL-PTACK) and distally with a $.054" \times 6"$ K-wire.

VDR Plate Positioning Handle

The VDR Plate Positioning Handle (80-0729) (Figure 3) assists with Acu-Loc 2 VDR plate placement while keeping the surgeon's hands out of the fluoroscopy beam. Under fluoroscopy, the handle should line up with the center of the plate and radial shaft to show a true A/P view. This is used to help accurately place the proximal shaft of the plate in alignment with the center axis of the radial diaphysis.

Note: The design of the Acu-Loc 2 Plate Positioning Handle maintains access to the K-wire holes and 3.5 mm screw slot on the proximal end of the Acu-Loc 2 VDR plate.

VDR Plate Positioning Handle Assembly

- ➤ The Locking Bolt 10-32 (80-0738) is threaded into the left side of the keyhole of the plate positioning handle base.
- Once engaged, the locking bolt toggles to fit left and right plates.
- Thread the locking bolt into the most distal 3.5 mm locking hole on the shaft of any Acu-Loc 2 VDR plate.

Acu-Loc 2 Volar Distal Radius (VDR) Surgical Technique

William B. Geissler, MD David S. Ruch, MD Mr. Daniel J. Brown, FRCS

Acu-Loc 2 Plate Reference Chart

Silver-Colored VDR Plates offer more distal coverage

and subchondral support

Gold-Colored VDR Proximal Plates are designed to sit approximately 2 mm more proximal than

the Standard Plates

Note: During bone screw insertion, the surgeon should avoid using excessive force that may result in stripping/damaging screws or driver tip. Proper observation of bone quality, patient size, and screw size can help determine the appropriate insertion torque during screw advancement and final tightening.



Exposure

Supinate the patient's forearm to expose the surgical site. To maximize exposure, place a towel under the wrist, supporting it in extension. Make a longitudinal incision approximately 6 cm in length just radial to the flexor carpi radialis (FCR) tendon to protect against injury to the palmar cutaneous branch of the median nerve (Figure 1).

Open the sheath and retract the FCR tendon radially to protect the radial artery. Identify the flexor pollicis longus (FPL) muscle by passive flexion / extension of the thumb interphalangeal joint and retract ulnarly to protect the median nerve (Figure 2). Next, identify the pronator quadratus by its transverse fibers and release radially to ulnarly to expose the fracture site.



Fracture Reduction

The brachioradialis may need to be released from its insertion on the radial styloid to facilitate reduction and visualization of the fracture. Reduce the fracture using manual techniques. Provisional stability can be achieved with K-wires and evaluated under fluoroscopy.





Fragment Reduction Tool (80-0725):

Use this tool for articular reconstruction (Figure 3). A broad mallet (Figure 4) and narrow thin tip (Figure 5) provide some ability to lift and position articular fracture fragments through the plate window.



Figure 6

Available Plate-Length Combinations

Plate Lengths with Extension	Wide	Narrow Long	Standard Long
Neutral Extension	100 mm	108 mm	108 mm
Long Extension	167 mm	176 mm	176 mm

Note: The VDR Plate Positioning Handle (80-0729) can be used at this time for plate placement. Refer to Plate Placement Instrumentation on page 11 for assembly and technique.

Plate Selection and Placement

The Acu-Loc 2 VDR Plate (70-03XX) is made to sit along the distal aspect of the radius to support articular fracture fragments (Figure 6). There are two volar plate families to select from: the Acu-Loc 2 VDR Standard Plates and the Acu-Loc 2 VDR Proximal Plates, which are designed to sit 2 mm more proximal than the standard plates. If a longer plate is needed, choose the appropriate Acu-Loc 2 VDR Extension Plate (70-0364, 70-0365, 70-0366) and assemble as described below. The Acu-Loc 2 VDR Extension Plates (70-0364, 70-0365, 70-0366) should be implanted using 3.5 mm Hex or Hexalobe Screws (30-02XX or CO-31XX).

Once the appropriate-size plate is selected, attach the corresponding Acu-Loc 2 VDR Targeting Guide (80-06XX or 80-07XX) using the Acu-Loc 2 VDR Targeting Guide Locking Bolt (80-0682) (Figure 7). Thread the cannulated locking bolt into the proximal ulnar 2.3 mm screw hole. The plate should be placed parallel to the radial shaft.

For styloid and distal screw placement using the patented markers in the targeting guides, refer to Plate Placement Instrumentation on page 11.

Note: The VDR Plate Positioning Handle (80-0729) can be used at this time for plate placement. Refer to Plate Placement Instrumentation on page 11 for assembly and technique.

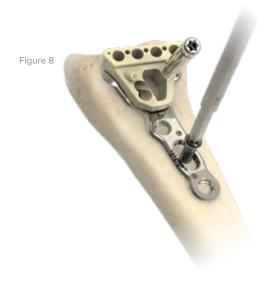
Extension Plate Assembly Steps

Slide the desired Acu-Loc 2 Extension Plate (70-0364, 70-0365, 70-0366) onto the shaft of the Acu-Loc 2 Proximal Plate.

Using a 2.5 mm Quick Release Hex Driver (HPC-0025) or a T15 Stick Fit Hexalobe Driver (80-0760), insert and tighten the Hex or Hexalobe Acu-Loc 2 VDR Extension Link Screw (30-0XXX) into the distal hole of the extension plate, and lock into both plates.

Assembly can be done prior to plate placement or intraoperatively.

Warning: The 2.7 mm Low-Profile Hexalobe Screw is not designed to be used with the Acu-Loc 2 Extension Plate (70-0364, 70-0365, 70-0366).





Proximal Screw Placement

The first screw to be placed is a 3.5 mm Nonlocking Hex or Hexalobe Screw (30-02XX or CO-31XX) through the slot in the plate. Using the 2.8 mm Quick Release Drill (80-0387) and the 2.0 mm / 2.8 mm Thin Drill Guide (PL-2118), drill through the far cortex. Then measure the drill depth with the Depth Gauge 6–65 mm (80-0623). Insert a 3.5 mm nonlocking hex or hexalobe screw (Figure 8). The screw may need to be downsized after the plate has been reduced down to the bone.

Note: An optional 3.5 mm Locking Screw Bone Tap (80-2126) may be necessary if encountering hard cortical bone.

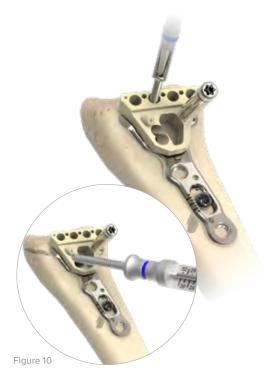
Optional: A 2.7 mm Nonlocking Low-Profile Hexalobe Screw (3041-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318).

Distal Screw Holes

Utilizing the radiopaque positioning posts in the targeting guide, the position of the plate relative to the radiocarpal articular surface can be fine-tuned by sliding the plate proximally or distally, under fluoroscopy. If the radiopaque posts don't target the joint, the distal K-wires and 2.3 mm screws will not either. To further assess the position of the distal 2.3 mm screws relative to the radio-carpal articular surface, place a .054" x 6" K-wire (WS-1406ST) through one of the K-wire holes in the targeting guide closest to the joint and assess its location under fluoroscopy.

Upon satisfactory reduction and anatomic fit, insert the Drill Guide / Depth Gauge for 2.0 mm Drill (MS-DG23) into one of the distal screw holes and drill using the 2.0 mm Quick Release Drill (80-0318) (Figure 9). Measure screw length by using the laser mark on the drill or Distal Radius Probe (MS-DRPB) against the scale on the drill guide.

Note: Screw insertion into the proximal ulnar 2.3 mm hole should be performed after all other distal 2.3 mm screws are placed. Drilling can be performed through the Acu-Loc 2 VDR Targeting Guide Locking Bolt (80-0682). To measure screw length, remove the locking bolt and use the drill guide and depth probe, or the orange-and-blue-banded 2.3 mm Screw Depth Gauge 6–46 mm (80-1356).



Distal Screw Options: The four options of 2.3 mm screws that can be used distally are fully threaded Locking Cortical Screws (gold) (CO-T23XX), Locking Cortical Pegs (bronze) (CO-S23XX), Nontoggling Cortical Screws (silver) (CO-N23XX), and the Frag-Loc® Compression Screw (30-037X). All 2.3 mm screws are inserted using the 1.5 mm Hex Driver Tip, Locking Groove (80-0728), the 2.3 mm Screw Sleeve, Locking Tab (80-0727), and the silver Cruciform Driver Handle (MS-2210).

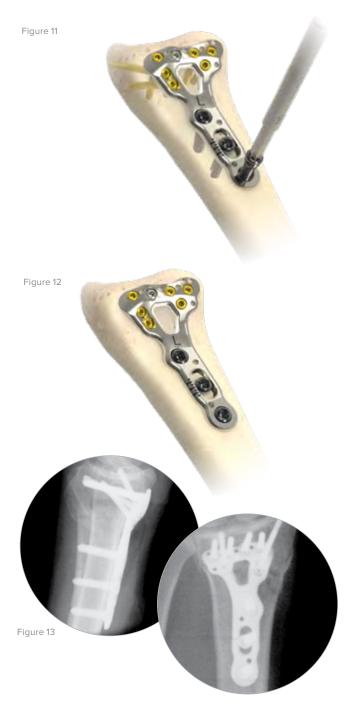
Caution: The orange Torque Limiting Driver (TLD) is only validated for use when inserting the 2.3 mm Variable Angle Locking Screws. Do not use the TLD when inserting fixed angle screws as the exerted torque can accelerate the fatigue of the 1.5 mm driver tips.

Variable Angle Screw: 2.3 mm Locking Variable Angle Screws (30-23XX) may be used with the VDR Proximal Plates only. Refer to the 2.3 mm Locking Variable Angle Screw Reference Information on page 7 and the Surgical Technique on page 28.

Styloid Screw Placement: The radial styloid screws are designed to specifically target and support the radial styloid. Insert the drill guide into either styloid hole located in the dual slot on the radial side of the targeting guide and continue the same screw measurement and placement process for both styloid screws (Figure 10).

Note: It is recommended that the entire distal row and the two radial styloid holes be filled with screws.

Note: An individual 2.0 mm Locking Drill Guide 4–32 mm (80-0249) is available in the system as an alternative for drilling the distal holes. Screw length can be read using the Distal Radius Probe (MS-DRPB) or Screw Depth Gauge 6–46 mm (80-1356).



Proximal Screw Placement

Insert the threaded 2.8 mm Locking Drill Guide (80-0384 or 80-0668) into the screw hole distal to the slot, drill with the 2.8 mm Quick Release Drill (80-0387), and measure with the Depth Gauge 6–65 mm (80-0623). Insert the proper-length 3.5 mm Locking Hex or Locking Hexalobe Screw (30-023X or COL-3XXX) (Figure 11). Take care that the screw does not exit the bone dorsally. Using the same process, drill and place the final locking screw (Figure 12).

Note: 3.5 mm locking or nonlocking hex or hexalobe screws can be used in the proximal round locking holes. Depending on the bone quality of the patient and at the surgeon's discretion, 3.5 mm nonlocking hex or hexalobe screws may be preferred for use in the round locking holes.

An optional 3.5 mm Locking Screw Bone Tap (80-2126) may be necessary if encountering hard cortical bone.

Optional: A 2.7 mm Locking Low-Profile Hexalobe Screw (3040-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318) and the 2.0 mm Hexalobe Locking Drill Guide (80-4029).

Closing and Postoperative Protocol

Perform a thorough radiographic evaluation, checking fragment reduction, alignment, and screw placement. Verify that there is no gap between the bone and the plate in the lateral view and that the distal screws have not penetrated the radiocarpal joint (Figures 13 and 14). Close the wound and support the wrist according to bone quality and stability.

Allow for early functional use of the hand and start immediate finger range of motion and forearm rotation postoperatively.

Closing and postoperative protocol are at the discretion of the surgeon.

Optional: Implant Removal Instructions

To extract an Acu-Loc 2 VDR Plate, use the 2.5 mm Hex Driver (HPC-0025) or T15 Stick Fit Hexalobe Driver (80-0760) and Medium Ratcheting Driver Handle (80-0663) to remove all the 3.5 mm screws in the plate. Use the T8 Stick Fit Hexalobe Driver (80-0759) and Medium Ratcheting Driver Handle (80-0663) to remove any 2.7 mm screws. Use the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) with the Cruciform Driver Handle (MS-2210) for the 2.3 mm screws.

If there is resistance or a risk of breakage, reference the Screw Removal Brochure (SPF10-00) and additional removal tools 80-0598 and 80-0600; Easyout, Quick Release.

Acu-Loc Volar Distal Ulna (VDU) Plate Surgical Technique

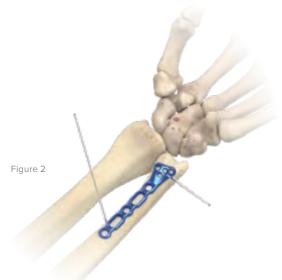
William B. Geissler, MD

Acu-Loc VDU Plate Reference Chart Blue Left-specific Green Right-specific



Incision and Dissection

The Volar Distal Ulna Plate (70-004X) was designed for fractures involving the ulnar head, ulnar neck, and fractures of the distal ulna. Usually, these injuries are associated with fractures of the distal radius. Make the incision along the distal ulnar border of the forearm between the flexor carpi ulnaris and extensor carpi ulnaris (Figure 1). Carry down blunt dissection to protect the dorsal sensory branch of the ulnar nerve, which may be seen on the volar distal portion of the incision. Retract the flexor carpi ulnaris radially and dissect the pronator quadratus off the anterior distal surface of the ulna. Identify the fracture site and clear fracture debris; then provisionally reduce.



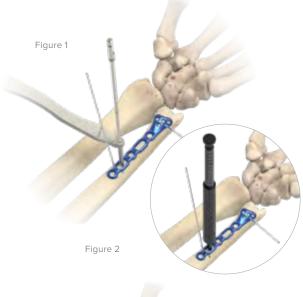
Provisional Fixation and Plate Placement

Place the VDU plate on the volar surface of the distal ulna so that the four distal locking screws will be positioned to go into the ulnar head (Figure 2).

Caution: It is vital that the plate is placed just proximal to the lesser sigmoid notch of the distal radial ulnar joint. In this manner, the plate should not impinge with pronation and supination of the forearm.

Place a .054" x 6" K-wire (WS-1406ST) in the proximal portion of the plate. Place a second K-wire in the distal portion of the plate to provisionally hold the plate to the bone.

Acu-Loc Volar Distal Ulna (VDU) Plate Surgical Technique [continued]

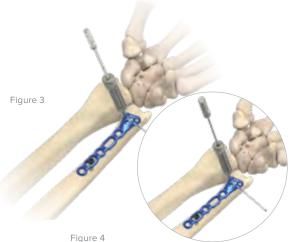


Nonlocking Proximal Screw Placement

Place the first 3.5 mm Nonlocking Hex or Hexalobe Screw (30-02XX) in the center of the proximal slot in the plate.

The position of the plate relative to the articular surface can then be fine-tuned by sliding the plate proximally or distally. Using the 2.8 mm Quick Release Drill (80-0387) and 2.0 mm / 2.8 mm Thin Drill Guide (PL-2118), drill through the far cortex (Figure 3). Drill depth is measured with the Depth Gauge 6–65 mm (80-0623) (Figure 4). Insert the appropriate 3.5 mm nonlocking hex or hexalobe screw, taking care that the screw is the proper length.

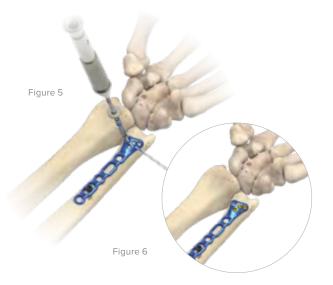
Optional: A 2.7 mm Nonlocking Low-Profile Hexalobe Screw (3041-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318).



Drill Distal Screw Holes

Place the individual 2.0 mm Locking Drill Guide 4–32 mm (80-0249) in the most distal ulnar hole in the plate (Figure 5). Drill using the 2.0 mm Quick Release Drill (80-0318), then measure screw length by using the laser mark on the drill or Distal Radius Probe (MS-DRPB) against the scale on the drill guide (Figure 6).

Note: The locking drill guide may also be attached to the selected plate on the back table prior to insertion.



Distal Screw Placement

Three types of 2.3 mm screws can be used in any of the four distal holes: Locking Cortical Screws (gold) (CO-T23XX), Locking Cortical Pegs (bronze) (CO-S23XX), and Nontoggling Cortical Screws (silver) (CO-N23XX). All 2.3 mm screws are inserted using the 1.5 mm Hex Driver Tip, Locking Groove (80-0728), 2.3 mm Screw Sleeve, Locking Tab (80-0727), and the silver Cruciform Driver Handle (MS-2210) (Figures 7 and 8).

Acu-Loc Volar Distal Ulna (VDU) Plate Surgical Technique [continued]

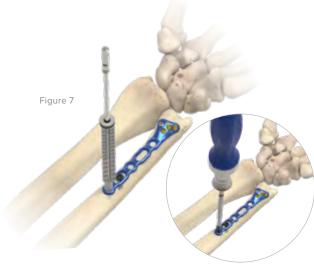


Figure 8

Proximal Screw Placement

Thread the threaded 2.8 mm Locking Drill Guide 6–65 mm (80-0384) or 2.8 mm Hexalobe Locking Drill Guide 6–65 mm (80-0668) in the hole just proximal to the slotted hole in the shaft of the plate. Drill with the 2.8 mm Quick Release Drill (80-0387) and measure with the Depth Gauge 6–65 mm (80-0623) (Figure 9). Insert the proper-length 3.5 mm Locking Hex or Locking Hexalobe Screw (30-023X or COL-3XXX) using the 2.5 mm Quick Release Hex Driver (HPC-0025) or the T15 Stick Fit Hexalobe Driver (80-0760), the 3.5 mm Screw Driver Sleeve (MS-SS35), and the Medium Ratcheting Driver Handle (80-0663) (Figure 10), taking care that the screw does not exit the bone dorsally.

Using the same process, drill and place the final locking screw in the remaining locking hole. Remove the proximal K-wire.

Note: 3.5 mm locking or nonlocking hex or hexalobe screws can be used in the proximal round locking holes.

Optional: A 2.7 mm Locking Low-Profile Hexalobe Screw (3040-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318) and the 2.0 mm Hexalobe Locking Drill Guide (80-4029).



Closure and Postoperative Protocol

Following thorough radiographic evaluation, check alignment and rotation, then close (Figure 11). Start immediate finger range of motion and forearm rotation postoperatively. Allow early functional use of the hand for light activities of daily living (ADL). Support the wrist according to bone quality and stability.

Closing and postoperative protocol are at the discretion of the surgeon.

Optional: Implant Removal Instructions

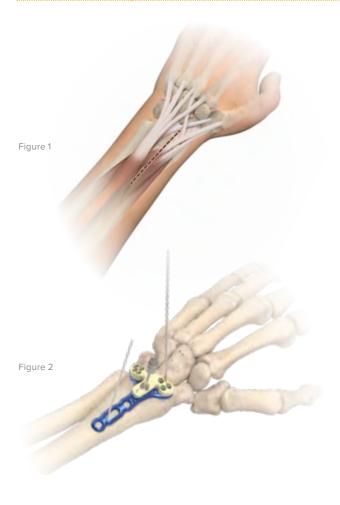
To extract an Acu-Loc Volar Distal Ulna Plate, use the 2.5 mm Hex Driver (HPC-0025) or T15 Stick Fit Hexalobe Driver (80-0760) and Medium Ratcheting Driver Handle (80-0663) to remove all the 3.5 mm screws in the plate. Use the T8 Stick Fit Hexalobe Driver (80-0759) and Medium Ratcheting Driver Handle (80-0663) to remove any 2.7 mm screws. Use the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) with the Cruciform Driver Handle (MS-2210) for the 2.3 mm screws.

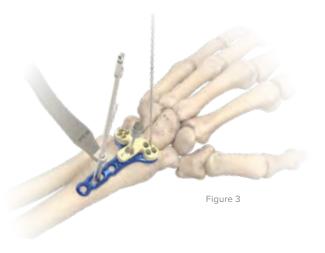
If there is resistance or a risk of breakage, reference the Screw Removal Brochure (SPF10-00) and additional removal tools 80-0598 and 80-0600; Easyout, Quick Release.

Acu-Loc Dorsal Plate Surgical Technique

William B. Geissler, MD

Acu-Loc Dorsal Plate Reference Chart		
Blue	Left-specific	
Green	Right-specific	





Incision and Dissection

Make the dorsal approach incision in line with Lister's tubercle and the radial border of the long finger (Figure 1). Carry down blunt dissection to protect the dorsal cutaneous nerve branches. Distally identify the extensor pollicis longus tendon in the wound and release through the third dorsal compartment. Then subperiosteally elevate the second and fourth compartments. Use caution when elevating the second and fourth dorsal compartments as bone fragments may have adhered to their undersurface.

A neurectomy of the posterior interosseous nerve may then be performed at the surgeon's discretion. Identify the posterior interosseous nerve on the radial aspect of the fourth compartment as it is elevated. A neurectomy is recommended on the proximal aspect of the incision to decrease neuroma pain.

Plate Placement and Provisional Fixation

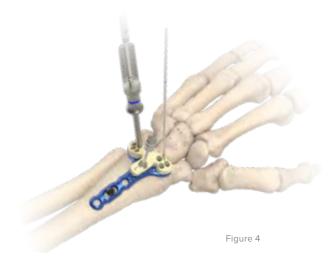
Anatomically reduce the fracture with traction and volar translation. The Acu-Loc Dorsal Plate (70-005X) can be used as a buttress to help push and volarly reduce the dorsal displaced fracture fragments. The reduction of the fracture and correct plate position are verified under fluoroscopy and the plate is provisionally stabilized with K-wires. Place the proximal shaft of the plate just radial to the most convex position of the radial shaft. The appropriate right or left Acu-Loc 2 Dorsal Targeting Guide (80-015X) may be attached to the appropriate plate using the Acu-Loc Radiolucent Targeting Guide (80-0038) on the back table prior to insertion and then placed on the bone (Figure 2).

Nonlocking Proximal Screw Placement

Place the first 3.5 mm Nonlocking Hex or Hexalobe Screw (30-02XX or CO-31XX) in the center of the proximal slot in the plate. The position of the plate relative to the articular surface can then be fine-tuned by sliding the plate proximally or distally under fluoroscopy. Using the 2.8 mm Quick Release Drill (80-0387) and 2.0 mm / 2.8 mm Thin Drill Guide (PL-2118), drill through the far cortex (Figure 3). Measure drill depth with the Depth Gauge 6–65 mm (80-0623). Insert the appropriate 3.5 mm nonlocking hex or hexalobe screw, taking care that the screw is the proper length. The screw reduces the plate down to the bone and the length of the screw should be assessed under fluoroscopy following the insertion of the remaining screws. The screw may need to be downsized after the plate has been reduced down to the bone.

Optional: A 2.7 mm Nonlocking Low-Profile Hexalobe Screw (3041-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318).

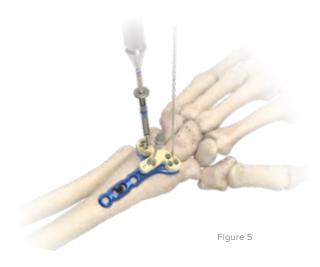
Acu-Loc Dorsal Plate Surgical Technique [continued]



Drill Distal Screw Holes

To assess the position of the distal screws relative to the articular surface and the dorsum of the radius, a .054" x 6" K-wire (WS-1406ST) may be placed through the distal K-wire holes on the targeting guide and plate. The fracture reduction, plate position, and location of the K-wire relative to the joint are assessed under fluoroscopy. If the distal K-wires do not penetrate the joint, the distal 2.3 mm screws will not, either. Care should be taken not to angle the distal K-wires.

Select one of the four distal screw holes closest to the joint to drill first. Insert the Drill Guide / Depth Gauge for 2.0 mm Drill (MS-DG23) into the selected hole, followed by the 2.0 mm Quick Release Drill (80-0318) (Figure 4). Measure the depth of the screw using the laser mark on the drill shaft and scale on the drill guide. As an alternative, the Distal Radius Probe (MS-DRPB) may be used by hooking the far cortex and measuring with the laser mark on the probe.



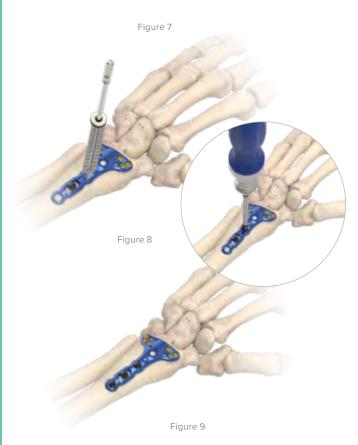
Distal Screw Placement

The three types of 2.3 mm screws that can be used in any of the eight distal holes are Locking Cortical Screws (gold) (CO-T23XX), Locking Cortical Pegs (bronze) (CO-S23XX), and Nontoggling Cortical Screws (silver) (CO-N23XX). Insert all 2.3 mm screws using the 1.5 mm Hex Driver Tip, Locking Groove (80-0728), 2.3 mm Screw Sleeve, Locking Tab (80-0727), and the silver Cruciform Driver Handle (MS-2210) (Figures 5 and 6).

Note: A 2.0 mm Locking Drill Guide 4–32 mm (80-0249) is available in the system as an alternative for drilling the distal holes. Screw length can be read using the Distal Radius Probe (MS-DRPB) or 2.3 mm Screw Depth Gauge 6–46 mm (80-1356).

Acu-Loc Dorsal Plate Surgical Technique [continued]





Proximal Screw Placement

In the second proximal locking hole, thread in the 2.8 mm Locking Drill Guide (80-0384) or the 2.8 mm Hexalobe Locking Drill Guide (80-0668). Drill using the 2.8 mm Quick Release Drill (80-0387) and measure with the Depth Gauge 6–65 mm (80-0623) (Figure 7). Insert the proper-length 3.5 mm Locking Hex or Locking Hexalobe Screw (30-023X or COL-3XXX) using the 2.5 mm Quick Release Hex Driver (HPC-0025) or the T15 Stick Fit Hexalobe Driver (80-0760), the 3.5 mm Screw Driver Sleeve (MS-SS35), and the Medium Ratcheting Driver Handle (80-0663) (Figure 8). Place the final locking screw using the same process.

Note: 3.5 mm locking or nonlocking hex or hexalobe screws can be used in the proximal round locking holes.

Optional: A 2.7 mm Locking Low-Profile Hexalobe Screw (3040-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318) and the 2.0 mm Hexalobe Locking Drill Guide (80-4029).

Closure and Postoperative Protocol

Following thorough radiographic evaluation, the wound is closed in layers (Figure 9). The retinacula of the second and fourth dorsal compartments are repaired. The retinaculum for the third dorsal compartment may be repaired, or the extensor pollicis longus tendon may be left out of its compartment depending on the surgeon's discretion. Immediate finger range of motion is initiated postoperatively. Forearm rotation and wrist range of motion are progressed at the surgeon's discretion according to the bone quality, fracture stability, and associated soft-tissue injuries.

Closing and postoperative protocol are at the discretion of the surgeon.

Optional: Implant Removal Insructions

To extract an Acu-Loc Dorsal Plate, use the 2.5 mm Quick Release Hex Driver (HPC-0025) or T15 Stick Fit Hexalobe Driver (80-0760) and Medium Ratcheting Driver Handle (80-0663) to remove all the 3.5 mm screws in the plate. Use the T8 Stick Fit Hexalobe Driver (80-0759) and Medium Ratcheting Driver Handle (80-0663) to remove any 2.7 mm screws. Use the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) with Cruciform Driver Handle (MS-2210) for the 2.3 mm screws.

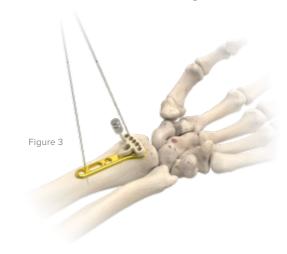
Referencing the Screw Removal Brochure (SPF10-00) may aid in implant extraction if difficulty is experienced.

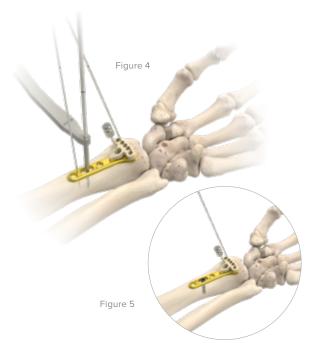
Acu-Loc Extra-Articular (EX) Plate Surgical Technique

William B. Geissler, MD



Figure 2





Incision and Dissection

Supinate the patient's forearm to expose the surgical site. To maximize exposure, place a towel under the wrist, placing it in extension. Make a longitudinal incision approximately 6 cm in length just radial to the flexor carpi radialis (FCR) tendon to protect against potential injury to the palmar cutaneous branch of the median nerve (Figure 1).

Open the tendon sheath and radially retract the tendon to protect the radial artery. Identify the flexor pollicis longus by passive flexion / extension of the thumb interphalangeal joint and retract ulnarly to protect the median nerve. Next identify the pronator quadratus by its transverse fibers and release radial to the ulnar to expose the fracture site.

Provisional Fixation and Plate Placement

Reduce the fracture and evaluate under fluoroscopy. The brachioradialis may need to be released from its insertion on the radial styloid to facilitate reduction and visualization.

Make the Acu-Loc EX Standard or Narrow Plate (70-006X) sit along the flat metaphysial portion of the distal radius (Figure 2). The appropriate Acu-Loc EX Targeting Guide (80-0166 or 80-0274) may be attached to the selected plate using the Locking Screw, Acu-Loc Radiolucent Targeting Guide (80-0038). This may be done on the back table prior to insertion. Secure the plate's position proximally and distally with a .054" x 6" K-wire (WS-1406ST). If the guide is not already attached to the plate, slide the guide over the distal K-wire and into position (Figure 3).

Nonlocking Proximal Screw Placement

Place the first 3.5 mm Nonlocking Hex or Hexalobe Screw (30-02XX) in the center of the proximal slot in the plate.

The position of the plate relative to the articular surface can then be fine-tuned by sliding the plate proximally or distally under fluoroscopy. Using the 2.8 mm Quick Release Drill (80-0387) and the 2.0 mm / 2.8 mm Thin Drill Guide (PL-2118), drill through the far cortex (Figure 4). Measure drill depth with the Depth Gauge 6–65 mm (80-0623). Insert the appropriate 3.5 mm nonlocking hex or hexalobe screw, taking care that the screw is the proper length. The screw reduces the plate down to the bone and the length of the screw should be assessed under fluoroscopy following the insertion of the remaining screws. The screw may need to be downsized after the plate has been reduced down to the bone.

Optional: A 2.7 mm Nonlocking Low-Profile Hexalobe Screw (3041-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318).

Acu-Loc Extra-Articular (EX) Plate Surgical Technique [continued]



Drill Distal Screw Holes

To assess the position of the distal locking screws relative to the articular surface and the dorsum of the radius, a .054" x 6" K-wire (WS-1406ST) may be placed through the distal K-wire holes on the targeting guide and plate (Figure 5). Under fluoroscopy, assess the fracture reduction, the plate position, and the location of the K-wire relative to the joint.

If the distal K-wires do not penetrate the joint, the distal 2.3 mm screws will not either. Insert the Drill Guide / Depth Gauge for 2.0 mm Drill (MS-DG23) into one of the five distal holes, followed by the 2.0 mm Quick Release Drill (80-0318) (Figure 6). The depth of the screw is measured using the laser mark on the drill shaft and scale on the drill guide. As an alternative, the Distal Radius Probe (MS-DRPB) may be used by hooking the far cortex and measuring with the laser mark on the probe.

Note: Refer to the 2.3 mm Locking Variable Angle Screw Reference Information on page 7 and the Surgical Technique on page 28.

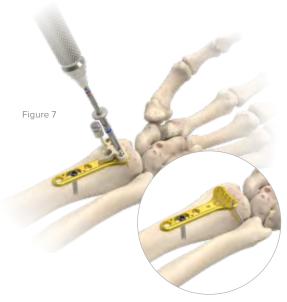


Figure 8

Distal Screw Placement

The three types of 2.3 mm screws that can be used in any of the five distal holes are Locking Cortical Screws (gold) (CO-T23XX), Locking Cortical Pegs (bronze) (CO-S23XX), and Nontoggling Cortical Screws (silver) (CO-N23XX). Insert all 2.3 mm screws using the 1.5 mm Hex Driver Tip, Locking Groove (80-0728), the 2.3 mm Screw Sleeve, Locking Tab (80-0727), and the silver Cruciform Driver Handle (MS-2210) (Figures 7 and 8).

Variable Angle Screw: 2.3 mm Locking Variable Angle Screws (30-23XX) may be used with the Acu-Loc EX Plates. Refer to the 2.3 mm Locking Variable Angle Screw Reference Information on page 7 and the Surgical Technique on page 28.

Note: An individual 2.0 mm Locking Drill Guide 4–32 mm (80-0249) is available in the system as an alternative for drilling the distal holes. Screw length can be read using the Distal Radius Probe (MS-DRPB) or 2.3 mm Screw Depth Gauge, 6–46 mm (80-1356).

Acu-Loc Extra-Articular (EX) Plate Surgical Technique [continued]

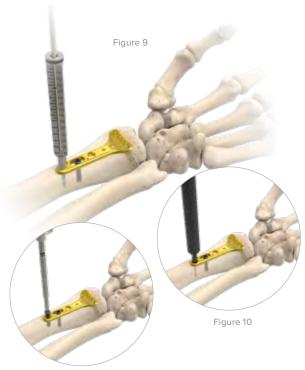


Figure 11



Proximal Screw Placement

Select one of the two remaining proximal holes and insert the threaded 2.8 mm Locking or Hexalobe Locking Drill Guide (80-0384 or 80-0668). Drill with the 2.8 mm Quick Release Drill (80-0387) and measure with the depth gauge. Insert the proper-length 3.5 mm Locking Hex or Locking Hexalobe Screw (30-023X or COL-3XXX) using the 2.5 mm Quick Release Hex Driver (HPC-0025) or the T15 Stick Fit Hexalobe Driver (80-0760), the 3.5 mm Screw Driver Sleeve (MS-SS35), and the Medium Ratcheting Driver Handle (80-0663).

Using the same process, drill and place the final locking screw (Figures 9-11).

Note: 3.5 mm locking or nonlocking hex or hexalobe screws can be used in the proximal round locking holes.

Optional: A 2.7 mm Locking Low-Profile Hexalobe Screw (3040-230XX) can be used in place of the 3.5 mm screw using the 2.0 mm Quick Release Drill (80-0318) and the 2.0 mm Hexalobe Locking Drill Guide (80-4029).

Caution: Take care to ensure that the screw does not exit the bone dorsally.

Closure and Postoperative Protocol

Following thorough radiographic evaluation, check alignment and rotation, then close (Figure 12). Start immediate finger range of motion and forearm rotation postoperatively. Allow early functional use of the hand for light activities of daily living (ADL). Support the wrist according to bone quality and stability.

Closing and postoperative protocol are at the discretion of the surgeon.

Optional: Implant Removal Insructions

To extract an Acu-Loc EX Plate, use the 2.5 mm Hex Driver Tip (HPC-0025) or T15 Stick Fit Hexalobe Driver (80-0760) and Medium Ratcheting Driver Handle (80-0663) to remove all the 3.5 mm screws in the plate. Use the T8 Stick Fit Hexalobe Driver (80-0759) and Medium Ratcheting Driver Handle (80-0663) to remove any 2.7 mm screws. Use the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) with Cruciform Driver Handle (MS-2210) for the 2.3 mm screws.

If there is resistance or a risk of breakage, reference the Screw Removal Brochure (SPF10-00) and additional removal tools 80-0598 and 80-0600; Easyout, Quick Release.

Frag-Loc® Compression Screw Surgical Technique

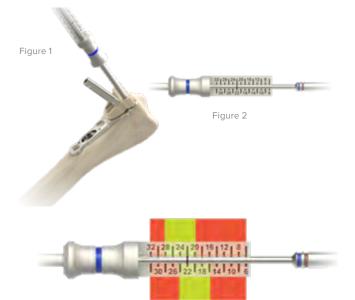


Figure 3

Drilling Bicortically

With the targeting guide attached, drill bicortically, using the 2.0 mm Quick Release Drill (80-0318) through the 2.0 mm Locking Drill Guide 4-32 mm (80-0249) or the Drill Guide / Depth Gauge for 2.0 mm Drill (MS-DG23) (Figures 1 and 2).

Measuring to Determine Screw Type Measure screw length using the Distal Radius Probe

(MS-DRPB) (Figure 3).

Probe Guidelines:

16–24 mm acceptable to use with the Frag-Loc Compression Sleeve (30-0370) and the Frag-Loc Compression Screw (30-0371).

20–28 mm acceptable to use with the Frag-Loc Compression Sleeve (30-0370) and the Frag-Loc Compression Screw, Long (30-0372).

Caution:

- Do not use the Frag-Loc Compression Screw outside of 16-24 mm range.
- ▶ Do not use the Frag-Loc Compression Screw, Long outside of 20-28 mm range.

Drilling Unicortically

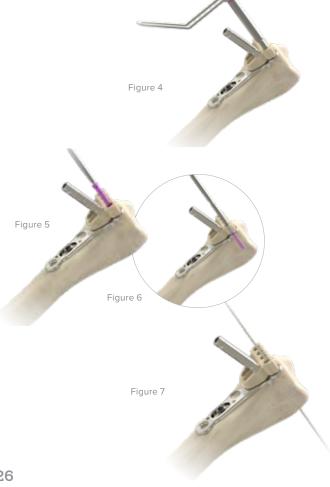
Drill using the Frag-Loc 2.5 mm Drill (80-0724) and Frag-Loc 2.5 mm Drill Guide (80-0730) (Figure 4). The shoulder of the drill must stop against the top of the drill guide.

Frag-Loc Sleeve Insertion

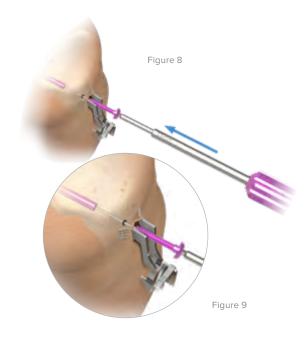
Insert the Frag-Loc Compression Sleeve (30-0370) into the plate using the silver Cruciform Driver Handle (MS-2210) with the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) (Figures 5 and 6).



Insert the .035" x 5.75" K-wire (WS-0906ST) through the Frag-Loc Compression Sleeve and dorsal skin (Figure 7).



Frag-Loc® Compression Screw Surgical Technique [continued]



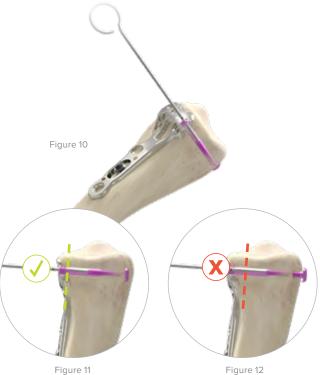
Frag-Loc Wire Insertion

Make a small incision dorsally over the K-wire and use the Heiss Retractor (80-0756) to maintain clearance of soft-tissue and tendons.

Drive the Frag-Loc Compression Screw (30-0371) or the Frag-Loc Compression Screw, Long (30-0372) over the .035" x 5.75" K-wire (WS-0906ST) using the Frag-Loc 1.5 mm Cannulated Driver (80-0758) (Figure 8).

Tighten the Frag-Loc Compression Screw into the Frag-Loc Compression Sleeve (30-0370) until the desired compression is achieved (Figure 9).

Ensure the Frag-Loc Compression Screw head is fully seated on the bone and that the tendons are clear of the screw head.



Final Confirmation

Remove the targeting guide.

Check Frag-Loc thread engagement using the Frag-Loc Depth Gauge (80-0726). The depth gauge ensures that the minimum number of threads are engaged into the Frag-Loc Compression Sleeve (30-0370) (Figure 10).

Note: A visible laser band on the depth gauge ensures acceptable Frag-Loc thread engagement (Figure 11).

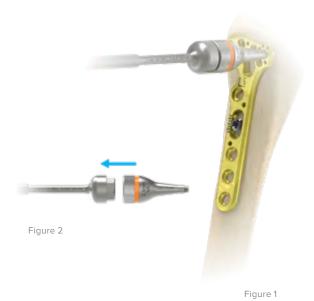
If the depth gauge laser band is not visible, tighten the Frag-Loc Compression Screw one revolution and recheck (Figure 12). Repeat until the laser band is visible.

Optional: Implant Removal Instructions

To extract the Frag-Loc Compression Screw, use the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) with the Cruciform Driver Handle (MS-2210).

If there is resistance or a risk of breakage, reference the Screw Removal Brochure (SPF10-00) and additional removal tools 80-0598 and 80-0600; Easyout, Quick Release.

2.3 mm Locking Variable Angle Screw Surgical Technique



Conical Drill Guide Placement

If it is determined that a 2.3 mm Locking Variable Angle Screw (30-23XX) is needed, remove the radiolucent targeting guide from the plate and insert the conical 2.3 mm Variable Angle Drill Guide (80-0762), utilizing the 2.3 mm Variable Angle Drill Guide Driver (80-0763) (Figure 1).

Disconnect the drill guide driver once the drill guide is fully engaged into the plate (Figure 2).

Note: The drill guide driver allows for ease of insertion of the conical drill guide. It is not needed to remove the conical drill guide.

The Acumed 2.3 mm locking variable angle screws can be used in any distal hole of any of the gold-colored Acu-Loc 2 VDR Proximal Plates (70-0XXX) and Acu-Loc EX Plates (70-006X). The Acumed 2.3 mm locking variable angle screws can also be used in the silver-colored Acu-Loc 2 VDR Plates, but only in the distal styloid hole.

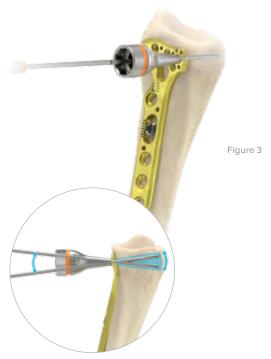


Figure 4

Drilling Distal Screws

Drill using the orange-banded 1.7 mm Quick Coupler Semi-Fluted Drill (80-0868) in the desired trajectory within the conical drill guide. Remove the conical drill guide (Figure 3 and 4).

2.3 mm Locking Variable Angle Screw Surgical Technique [continued]



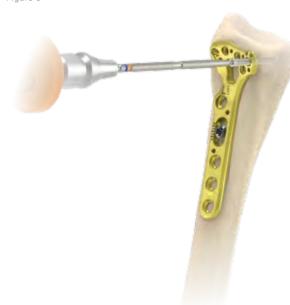
Measuring Distal Screws

Determine the screw length with the 2.3 mm Screw

Depth Gauge 6-46 mm (80-1356) (Figure 5).

Distal Screw Insertion





Select and insert the corresponding 2.3 mm Locking Variable Angle Screw (30-23XX) using the 1.5 mm Hex Driver Tip, Locking Groove (80-0728), and the orange Mini-AO

Tip, Locking Groove (80-0728), and the orange Mini-AO Torque Limiting Driver, 10 in-lb (80-1008) (Figure 6). Insert the screw until the torque limiting driver clicks once, indicating that the optimum insertion torque has been achieved.

Caution: Once the locking variable angle screw is fully inserted, inspect for and clear any debris from the perimeter of the screw head.

Caution: Locking variable angle screws are one-time use only.

Once the screw is engaged into the plate, it cannot be removed and reinserted into its original hole or any other hole of the Acu-Loc 2 VDR Proximal Plate or Acu-Loc EX Plate. If this screw is removed, it must be discarded to prevent reuse. A 2.3 mm Nontoggling Cortical Screw (CO-N23XX) must be used to replace a locking variable angle screw.

Caution: The Torque Limiting Driver must only be used in the clockwise direction. Do not use counter-clockwise, as this may inadvertently disassemble the driver. Replace the TLD after six months of normal use.

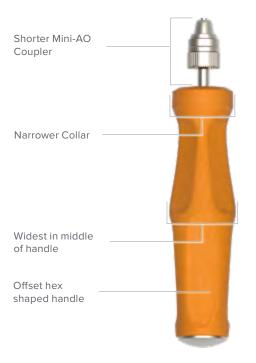
Caution: Torque Limiting Driver (TLD) usage information

There are two models of TLD (80-1008). The first generation may not maintain calibration past six months of normal use. Using the TLD when not calibrated may cause the screw to not seat fully (when inserted within the conical drill guide boundaries) or cause the threads to strip or the driver tip to break. Replace the first generation TLD after six months of normal use. See page 30 for additional details.

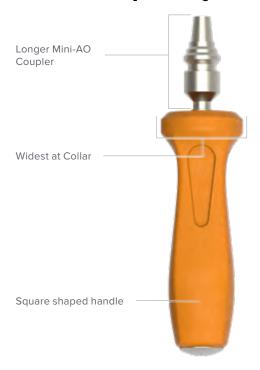
2.3 mm Locking Variable Angle Screw Surgical Technique [continued]

Additionally, please note difference in handle shape in order to distinguish the two Mini-AO Torque Limiting Drivers. The images in this document demonstrate the differences between the existing Driver and the updated Driver.

Updated
Mini-AO Torque Limiting Driver (TLD)



First Generation
Mini-AO Torque Limiting Driver (TLD)





Optional: Implant Removal Instructions

To extract the Variable Angle Screw, use the 1.5 mm Hex Driver Tip, Locking Groove (80-0728) with the Cruciform Driver Handle (MS-2210) (Figure 7).

If there is resistance or a risk of breakage, reference the Screw Removal Brochure (SPF10-00) and additional removal tools 80-0598 and 80-0600; Easyout, Quick Release.

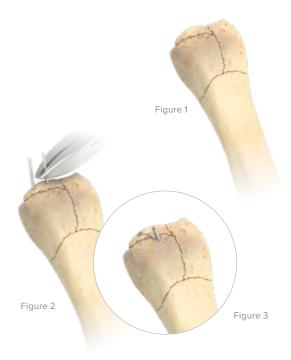
Volar Ulnar Corner Fixation



Fixating Small Volar Ulnar Corner Fragments

This technique uses the DRFS Volar Lunate Suture Plate (70-0334) (Figure 1) or Acu-Loc 2 VDR Plate (70-03XX) (Figure 2). The volar ulnar fragment is typically rotated with its capsular attachment and de-rotated under direct visualization. Multiple sutures are placed in the capsule, rotating the fragment back anatomically.

Once the fragment is de-rotated, the sutures are passed through the suture holes in the volar ulnar corner of the plate. A plate-specific nonlocking screw is placed through the oblong slot in the plate. The plate is positioned onto the distal radius, with the preferred placement confirmed using fluoroscopy. The sutures are tied, securing the volar ulnar fragment with the plate, and the remaining screws are placed.^{1,2}



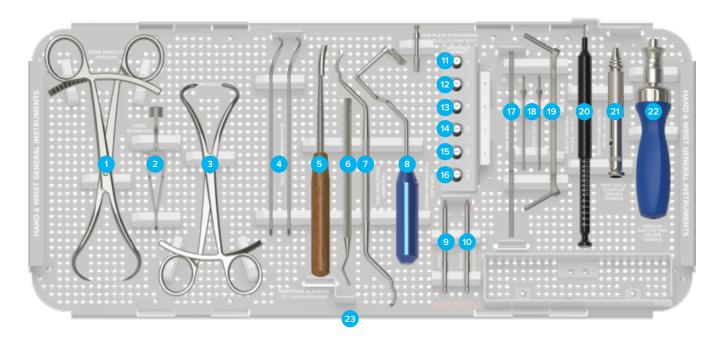
K-wire Technique for Fixing Small Volar Ulnar Corner Fragments

An alternative technique using the Acu-Loc 2 VDR Plate (70-03XX) is the insertion of K-wires for fragment-specific fixation of the lunate and scaphoid facets. Directly reduce the lunate and/or scaphoid facet fragments using the Sharp Hook (PL-CL06) or the Fragment Reduction Tool (80-0725) (Figure 1).

- Insert a K-wire of appropriate size from volar to dorsal into the fragment. Repeat this step as needed for additional fragment stability.
- Cut the K-wire down and bend proximally to contour to the volar aspect of the distal radius. Leave enough wire exposed so that the fragment is secure and able to be fully covered by the Acu-Loc 2 VDR Plate (Figures 2 and 3).
- Select the appropriate Acu-loc 2 VDR Plate (70-03XX) that adequately covers the K-wires and addresses the remaining distal radius fracture (Figure 4).



Ordering Information



Tray Components

Instrumentation

1 8" Bone Reduction Forceps	MS-1280
2 Heiss Retractor	80-0756
3 Bone Reduction Forceps 6 3/4"	80-0723
4 15 mm Hohmann Retractor	MS-46827
Periostal Elevator 7.5" x 6 mm Straight Edge	80-0693
6 Sharp Hook	PL-CL06
7 Fragment Reduction Tool	80-0725
8 VDR Plate Positioning Handle Assembly	80-0729
9 1.5 mm Easyout, Quick Release	80-0598
0 2.5 mm Easyout, Quick Release	80-0600
11 KickStand Post 5°	80-0718
12 KickStand Post 10°	80-0719

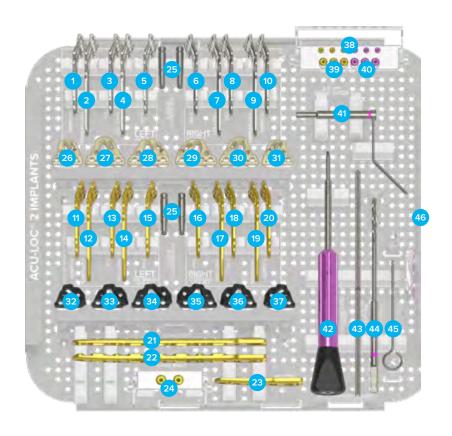
14 KickStand Post 20°	80-0721
15 KickStand Post 25°	80-0722
16 KickStand Post 5–30°	80-0731
17 .054" x 6" Guide Wire (K-wire)	WS-1406ST
18 Plate Tack	PL-PTACK
9 2.0 mm / 2.8 mm Thin Drill Guide	PL-2118
20 Depth Gauge 6–65 mm	80-0623
21 Cruciform Driver Handle	MS-2210
Medium Ratcheting Driver Handle	80-0663
Hand & Wrist General Instrument Platter	80-0754

80-0720

13 KickStand Post 15°

For information about the Acu-Loc® Wrist Spanning Plate, please contact your local authorized Acumed distributor, call 888.627.9957, or visit acumed.net.

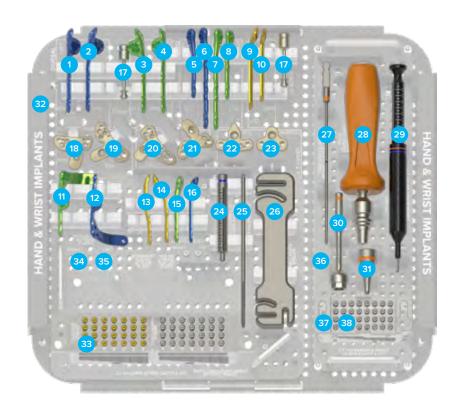
Ordering Information [continued]



Tray Components			
Acu-Loc 2 Volar Distal Radius (V	DR) Plates	Acu-Loc 2 Volar Distal Radius (VDR) Proximal Plates	
Acu-Loc 2 VDR Plate Narrow, Left	70-0358	Acu-Loc 2 VDR Proximal Plate Narrow, Left	70-0352
2 Acu-Loc 2 VDR Plate Narrow Long, Left	70-0370	Acu-Loc 2 VDR Proximal Plate Narrow Long, Left	70-0382
3 Acu-Loc 2 VDR Plate Standard, Left	70-0356	Acu-Loc 2 VDR Proximal Plate Standard, Left	70-0350
4 Acu-Loc 2 VDR Plate Standard Long, Left	70-0368	Acu-Loc 2 VDR Proximal Plate Standard Long, Left	70-0372
5 Acu-Loc 2 VDR Plate Wide, Left	70-0360	Acu-Loc 2 VDR Proximal Plate Wide, Left	70-0354
6 Acu-Loc 2 VDR Plate Wide, Right	70-0361	Acu-Loc 2 VDR Proximal Plate Wide, Right	70-0355
Acu-Loc 2 VDR Plate Standard Long, Right	70-0369	Acu-Loc 2 VDR Proximal Plate Standard Long, Right	70-0373
8 Acu-Loc 2 VDR Plate Standard, Right	70-0357	Acu-Loc 2 VDR Proximal Plate Standard, Right	70-0351
9 Acu-Loc 2 VDR Plate Narrow Long, Right	70-0371	Acu-Loc 2 VDR Proximal Plate Narrow Long, Right	70-0383
O Acu-Loc 2 VDR Plate Narrow, Right	70-0359	Acu-Loc 2 VDR Proximal Plate Narrow, Right	70-0353

Ordering Information [continued]

Tray Components [continued]			
Extension Plates		Frag-Loc® Screws	
21 Acu-Loc 2 VDR Extension Plate Long, Left	70-0365	Frag-Loc Compression Sleeve	30-0370
Acu-Loc 2 VDR Extension Plate Long, Right	70-0366	39 Frag-Loc Compression Screw, Long	30-0372
23 Acu-Loc 2 VDR Extension Plate, Neutral	70-0364	Frag-Loc Compression Screw	30-0371
Acu-Loc 2 VDR Hexalobe Extension Link Screw	30-0100	Frag-Loc® Instrumentation	
Instrumentation		41 Frag-Loc 2.5 mm Drill Guide	80-0730
Acu-Loc 2 VDR Targeting Guide Locking Bolt	80-0682	Frag-Loc 1.5 mm Cannulated Driver Assembly	80-0758
Acu-Loc 2 VDR Targeting Guide Narrow, Left	80-0697	43 .035" X 5.75" ST Guide Wire (K-wire)	WS-0906S1
Acu-Loc 2 VDR Targeting Guide Standard, Left	80-0695	Frag-Loc 2.5 mm Drill	80-0724
Acu-Loc 2 VDR Targeting Guide Wide, Left	80-0699	45 Frag-Loc Depth Gauge	80-0726
Acu-Loc 2 VDR Targeting Guide Wide, Right	80-0698	46 Acu-Loc 2 Implant Platter	80-0752
Acu-Loc 2 VDR Targeting Guide Standard, Right	80-0694	Optional Instrument	
Acu-Loc 2 VDR Targeting Guide Narrow, Right	80-0696	Acu-Loc 2 VDR Targeting Guide Locking Bolt, Long	80-1071
Acu-Loc 2 VDR Proximal Targeting Guide Narrow, Left	80-0703	Locking Bolt 10-32	80-0738
Acu-Loc 2 VDR Proximal Targeting Guide Standard, Left	80-0701		
Acu-Loc 2 VDR Proximal Targeting Guide Wide, Left	80-0705		
Acu-Loc 2 VDR Proximal Targeting Guide Wide, Right	80-0704		
Acu-Loc 2 VDR Proximal Targeting Guide Standard, Right	80-0700		
Acu-Loc 2 VDR Proximal Targeting Guide Narrow, Right	80-0702		



Trav Components

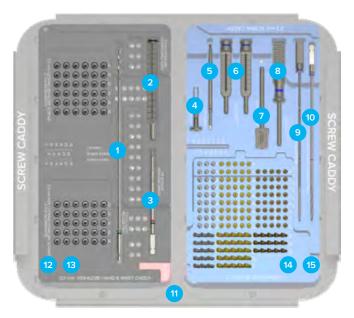
Acu-l	Loc I	Plates

1 Acu-Loc Dorsal Plate, Narrow, Left	70-0057
2 Acu-Loc Dorsal Plate, Standard, Left	70-0055
3 Acu-Loc Dorsal Plate, Standard, Right	70-0056
4 Acu-Loc Dorsal Plate, Narrow, Right	70-0058
5 Acu-Loc VDU Plate, Standard, Left	70-0045
6 Acu-Loc VDU Plate, Long, Left	70-0047
7 Acu-Loc VDU Plate, Long, Right	70-0048
Acu-Loc VDU Plate, Standard, Right	70-0046
Acu-Loc EX Standard	70-0063
10 Acu-Loc EX Narrow	70-0064

Distal Radius Fragment Specific (DRFS) Plates

11 Dorsal Rim Buttress Plate, Right	70-0335
Dorsal Rim Buttress Plate, Left	70-0336
13 Divergent Radial Styloid Plate	70-0331
Volar Lunate Suture Plate	70-0334
15 Dorsal Lunate Plate, Right	70-0337
16 Dorsal Lunate Plate, Left	70-0338

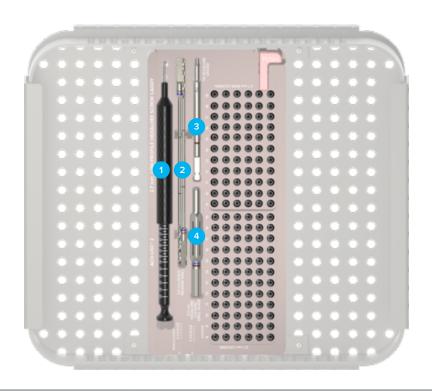
Tray Components [continued]			
Instrumentation		Variable Angle Instrumentation	
Locking Screw, Acu-Loc Radiolucent Targeting Guide	80-0038	1.7 mm Quick Coupler Semi-fluted Drill	80-0868
Acu-Loc Dorsal Plate Targeting Guide Narrow, Left	80-0154	Mini-AO Torque Limiting Driver, 10 in-lb	80-100
Acu-Loc Dorsal Plate Targeting Guide Standard, Left	80-0150	2.3 mm Screw Depth Gauge 6–46 mm	80-135
Acu-Loc Dorsal Targeting Guide Standard, Right	80-0151	2.3 mm Variable Angle Drill Guide Driver	80-076
Acu-Loc Dorsal Targeting Guide Narrow, Right	80-0155	31 2.3 mm Variable Angle Drill Guide	80-076
22 Acu-Loc EX Targeting Guide Standard	80-0166		
23 Acu-Loc EX Targeting Guide Narrow	80-0274		
24 2.0 mm Locking Drill Guide 6–46 mm	80-0592		
25 2.3 mm Bone Tap	80-0362		
26 Small Plate Bender	80-0363		
Trays & Inserts			
32 Hand & Wrist Implant Platter	80-0787	Variable Angle Screw Inserts	
Distal Radius Fragment Specific Inser	rts	36 2.3 mm Variable Angle Screw Insert	80-100
33 Distal Radius Fragment Specific Insert	80-0822	37 2.3 mm Variable Screw Caddy Lid	80-101
34 2.3 mm Long Screw Caddy Base	80-0825	37 2.3 mm Variable Screw Caddy Base	80-075
35 2.3 mm Long Screw Caddy Lid	80-0762		



Tray Components			
3.5 mm Instrumentation		2.3 mm Instrumentation	
1 2.8 mm Quick Release Drill	80-0387	2.3 mm Screw Sleeve, Locking Tab	80-0727
2.8 mm Hexalobe Locking Drill Guide 6–65 mm	80-0668	1.5 mm Hex Driver Tip, Locking Groove	80-0728
3 T15 Stick Fit Hexalobe Driver	80-0760	6 2.0 mm Locking Drill Guide 4–32 mm	80-0249
		7 .054" K-wire Guide	80-0688
		Drill Guide / Depth Gauge for 2.0 mm Drill	MS-DG23
		9 Distal Radius Probe	MS-DRPB
		2.0 mm Quick Release Drill	80-0318
Trays & Inserts			
11 Universal Tray Screw Insert Base	80-0346	2.3 mm	
3.5 mm		2.3 mm Screw Caddy	80-0748
3.5 mm Hexalobe Hand & Wrist Caddy	80-1500	2.3 mm / 3.5 mm Screw Caddy Lid	80-0790*
3.5 mm Hexalobe Hand & Wrist Caddy Lid	80-1502*		
Optional			
3.5 mm Screw Instrumentation			
2.8 mm x 5" Quick Release Drill	80-2008		
2.8 mm Locking Drill Guide 6–26 mm	80-2006		
3.5 mm Locking Screw Bone Tap	80-2126	*Items not shown	

Sterile 2.3 mm Screws			
2.3 mm Nontoggling Cortical Screws		2.3 mm Locking Variable Angle Screws	
2.3 mm x 8 mm Nontoggling Cortical Screw	CO-N2308-S	2.3 mm x 14 mm Locking Variable Angle Screw	30-2314 -S
2.3 mm x 10 mm Nontoggling Cortical Screw	CO-N2310-S	2.3 mm x 16 mm Locking Variable Angle Screw	30-2316-S
2.3 mm x 12 mm Nontoggling Cortical Screw	CO-N2312-S	2.3 mm x 18 mm Locking Variable Angle Screw	30-2318-S
2.3 mm x 14 mm Nontoggling Cortical Screw	CO-N2314-S	2.3 mm x 20 mm Locking Variable Angle Screw	30-2320-S
2.3 mm x 16 mm Nontoggling Cortical Screw	CO-N2316-S	2.3 mm x 22 mm Locking Variable Angle Screw	30-2322-S
2.3 mm x 18 mm Nontoggling Cortical Screw	CO-N2318-S	2.3 mm x 24 mm Locking Variable Angle Screw	30-2324-S
2.3 mm x 20 mm Nontoggling Cortical Screw	CO-N2320-S	2.3 mm x 26 mm Locking Variable Angle Screw	30-2326-S
2.3 mm x 22 mm Nontoggling Cortical Screw	CO-N2322-S	2.3 mm x 28 mm Locking Variable Angle Screw	30-2328-S
2.3 mm x 24 mm Nontoggling Cortical Screw	CO-N2324-S		
2.3 mm x 26 mm Nontoggling Cortical Screw	CO-N2326-S		
2.3 mm x 28 mm Nontoggling Cortical Screw	CO-N2328-S		
2.3 mm x 30 mm Nontoggling Cortical Screw	CO-N2330-S		
2.3 mm x 32 mm Nontoggling Cortical Screw	CO-N2332-S		

Sterile 2.3 mm Screws		
2.3 mm Locking Cortical Pegs		2.3 mm Locking Cortical Screws
2.3 mm x 8 mm Locking Cortical Peg	CO-S2308-S	2.3 mm x 8 mm Locking Cortical Screw CO-T2308-
2.3 mm x 10 mm Locking Cortical Peg	CO-S2310-S	2.3 mm x 10 mm Locking Cortical Screw CO-T2310-
2.3 mm x 12 mm Locking Cortical Peg	CO-S2312-S	2.3 mm x 12 mm Locking Cortical Screw CO-T2312-
2.3 mm x 14 mm Locking Cortical Peg	CO-S2314-S	2.3 mm x 14 mm Locking Cortical Screw CO-T2314-
2.3 mm x 16 mm Locking Cortical Peg	CO-S2316-S	2.3 mm x 16 mm Locking Cortical Screw CO-T2316-
2.3 mm x 18 mm Locking Cortical Peg	CO-S2318-S	2.3 mm x 18 mm Locking Cortical Screw CO-T2318-
2.3 mm x 20 mm Locking Cortical Peg	CO-S2320-S	2.3 mm x 20 mm Locking Cortical Screw CO-T2320-
2.3 mm x 22 mm Locking Cortical Peg	CO-S2322-S	2.3 mm x 22 mm Locking Cortical Screw CO-T2322-
2.3 mm x 24 mm Locking Cortical Peg	CO-S2324-S	2.3 mm x 24 mm Locking Cortical Screw CO-T2324-
2.3 mm x 26 mm Locking Cortical Peg	CO-S2326-S	2.3 mm x 26 mm Locking Cortical Screw CO-T2326-
2.3 mm x 28 mm Locking Cortical Peg	CO-S2328-S	2.3 mm x 28 mm Locking Cortical Screw CO-T2328-
Optional Sterile 2.7 mm Low	<i>ı</i> -Profile Screw	rs
2.7 mm Low-Profile Hexalobe No Screws	onlocking	2.7 mm Low-Profile Hexalobe Locking Screws
2.7 x 10 mm Low-Profile Hexalobe — Nonlocking	3041-23010-S	2.7 x 10 mm Low-Profile Hexalobe – 3040-23010-
2.7 x 11 mm Low-Profile Hexalobe – Nonlocking	3041-23011-S	2.7 x 11 mm Low-Profile Hexalobe – 3040-23011-
2.7 x 12 mm Low-Profile Hexalobe — Nonlocking	3041-23012-S	2.7 x 12 mm Low-Profile Hexalobe – 3040-23012-
2.7 x 13 mm Low-Profile Hexalobe – Nonlocking	3041-23013-S	2.7 x 13 mm Low-Profile Hexalobe – 3040-23013-
2.7 x 14 mm Low-Profile Hexalobe – Nonlocking	3041-23014-S	2.7 x 14 mm Low-Profile Hexalobe – 3040-23014-
2.7 x 15 mm Low-Profile Hexalobe — Nonlocking	3041-23015-S	2.7 x 15 mm Low-Profile Hexalobe – 3040-23015-3
2.7 x 16 mm Low-Profile Hexalobe – Nonlocking	3041-23016-S	2.7 x 16 mm Low-Profile Hexalobe – 3040-23016-
2.7 x 17 mm Low-Profile Hexalobe — Nonlocking	3041-23017-S	2.7 x 17 mm Low-Profile Hexalobe – 3040-23017-
2.7 x 18 mm Low-Profile Hexalobe – Nonlocking	3041-23018-S	2.7 x 18 mm Low-Profile Hexalobe – 3040-23018-3



Tray Components

2.7 mm Low-Profile Screw Instrumentation

1 Depth Gauge 6–65 mm	80-0623*
2 2.0 mm Quick Release Drill	80-0318*
3 T8 Stick Fit Hexalobe Driver	80-0759
2.0 mm Hexalobe Locking Drill Guide 6–26 mm	80-4029

^{*}Depth Gauge 6–65 mm 80-0623 and 2.0 mm Quick Release Drill 80-0318 already comes standard with the 2.3 mm screws

Sterile Tray Components			
Instrumentation		3.5 mm Instrumentation	
1.5 mm Easyout, Quick Release	80-0598-S	2.8 mm Quick Release Drill	80-0387-S
2.5 mm Easyout, Quick Release	80-0600-S	2.3 mm Instrumentation	
Plate Tack	PL-PTACK-S	2.0 mm Quick Release Drill	80-0318-S

3.5 mm Screws			
3.5 mm Locking Hexalobe Screws		3.5 mm Nonlocking Hexalobe Screws	
3.5 mm x 8 mm Locking Hexalobe Screw	30-0232	3.5 mm x 10 mm Nonlocking Hexalobe Screw	30-0256
3.5 mm x 10 mm Locking Hexalobe Screw	30-0233	3.5 mm x 12 mm Nonlocking Hexalobe Screw	30-0257
3.5 mm x 12 mm Locking Hexalobe Screw	30-0234	3.5 mm x 14 mm Nonlocking Hexalobe Screw	30-0258
3.5 mm x 14 mm Locking Hexalobe Screw	30-0235	3.5 mm x 16 mm Nonlocking Hexalobe Screw	30-0259
3.5 mm x 16 mm Locking Hexalobe Screw	30-0236	3.5 mm x 18 mm Nonlocking Hexalobe Screw	30-0260
3.5 mm x 18 mm Locking Hexalobe Screw	30-0237		

Sterile 3.5 mm Screws			
3.5 mm Locking Hexalobe Scre	ws	3.5 mm Nonlocking Hexalobe S	crews
3.5 mm x 8 mm Locking Hexalobe Screw	30-0232-S	3.5 mm x 9 mm Nonlocking Hexalobe Screw	30-0224-S
3.5 mm x 9 mm Locking Hexalobe Screw	30-0218-S	3.5 mm x 10 mm Nonlocking Hexalobe Screw	30-0256-S
3.5 mm x 10 mm Locking Hexalobe Screw	30-0233-S	3.5 mm x 11 mm Nonlocking Hexalobe Screw	30-0225-S
3.5 mm x 11 mm Locking Hexalobe Screw	30-0219-S	3.5 mm x 12 mm Nonlocking Hexalobe Screw	30-0257-S
3.5 mm x 12 mm Locking Hexalobe Screw	30-0234-S	3.5 mm x 13 mm Nonlocking Hexalobe Screw	30-0226-S
3.5 mm x 13 mm Locking Hexalobe Screw	30-0220-S	3.5 mm x 14 mm Nonlocking Hexalobe Screw	30-0258-S
3.5 mm x 14 mm Locking Hexalobe Screw	30-0235-S	3.5 mm x 15 mm Nonlocking Hexalobe Screw	30-0227-S
3.5 mm x 15 mm Locking Hexalobe Screw	30-0221-S	3.5 mm x 16 mm Nonlocking Hexalobe Screw	30-0259-S
3.5 mm x 16 mm Locking Hexalobe Screw	30-0236-S	3.5 mm x 17 mm Nonlocking Hexalobe Screw	30-0228-S
3.5 mm x 17 mm Locking Hexalobe Screw	30-0222-S	3.5 mm x 18 mm Nonlocking Hexalobe Screw	30-0260-S
3.5 mm x 18 mm Locking Hexalobe Screw	30-0237-S	3.5 mm x 19 mm Nonlocking Hexalobe Screw	30-0229-S
3.5 mm x 19 mm Locking Hexalobe Screw	30-0223-S		

	3.5 mm Cortical Screws	
COL-3080	3.5 mm x 10 mm Cortical Screw	CO-3100
COL-3100	3.5 mm x 12 mm Cortical Screw	CO-3120
COL-3120	3.5 mm x 14 mm Cortical Screw	CO-3140
COL-3140	3.5 mm x 16 mm Cortical Screw	CO-3160
COL-3160	3.5 mm x 18 mm Cortical Screw	CO-3180
COL-3180	Acu-Loc 2 VDR Extension Plate Screw	'S
	Acu-Loc 2 VDR Plate Extension Link Screw	30-0093
HPC-0025		
MS-SS35		
80-0384		
	COL-3100 COL-3120 COL-3140 COL-3160 COL-3180 HPC-0025 MS-SS35	COL-3080 3.5 mm x 10 mm Cortical Screw COL-3100 3.5 mm x 12 mm Cortical Screw COL-3120 3.5 mm x 14 mm Cortical Screw COL-3140 3.5 mm x 16 mm Cortical Screw COL-3160 3.5 mm x 18 mm Cortical Screw COL-3180 Acu-Loc 2 VDR Extension Plate Screw Acu-Loc 2 VDR Plate Extension Link Screw HPC-0025 MS-SS35

Optional Sterile Screws			
3.5 mm Locking Cortical Screws		3.5 mm Cortical Screws	
3.5 mm x 8 mm Locking Cortical Screw	COL-3080-S	3.5 mm x 10 mm Cortical Screw	CO-3100-S
3.5 mm x 10 mm Locking Cortical Screw	COL-3100-S	3.5 mm x 12 mm Cortical Screw	CO-3120-S
3.5 mm x 12 mm Locking Cortical Screw	COL-3120-S	3.5 mm x 14 mm Cortical Screw	CO-3140-S
3.5 mm x 14 mm Locking Cortical Screw	COL-3140-S	3.5 mm x 16 mm Cortical Screw	CO-3160-S
3.5 mm x 16 mm Locking Cortical Screw	COL-3160-S	3.5 mm x 18 mm Cortical Screw	CO-3180-S
3.5 mm x 18 mm Locking Cortical Screw	COL-3180-S		

Additional Components			
Instruments			
Acu-Loc Dorsal Add-On X-Ray Template	90-0007	Acu-Loc 2 VDR Proximal Plate X-Ray Template	90-0031
Acu-Loc VDU Add-On X-Ray Template	90-0014	Acu-Loc 2 Extension Plate X-Ray Template	90-0032
Acu-Loc EX Add-On X-Ray Template	90-0015	2.3 mm Long Screw Caddy Lid	80-0826
Acu-Loc 2 VDR Plate X-Ray Template	90-0030		

Trial Diatos			
Trial Plates Trial Acu-Loc 2 Volar Distal Radius		Trial Acu-Loc Plates	
(VDR) Plates			
Trial Acu-Loc 2 VDR Plate Standard, Left	71-0356	Trial Acu-Loc Dorsal Plate Standard, Left	75-0055
Trial Acu-Loc 2 VDR Plate Standard, Right	71-0357	Trial Acu-Loc Dorsal Plate Standard, Right	75-0056
Trial Acu-Loc 2 VDR Plate Narrow, Left	71-0358	Trial Acu-Loc Dorsal Plate Narrow, Left	75-0057
Trial Acu-Loc 2 VDR Plate Narrow, Right	71-0359	Trial Acu-Loc Dorsal Plate Narrow, Right	75-0058
Trial Acu-Loc 2 VDR Plate Wide, Left	71-0360	Trial Acu-Loc EX Standard	75-0063
Trial Acu-Loc 2 VDR Plate Wide, Right	71-0361	Trial Acu-Loc EX Narrow	75-0064
Trial Acu-Loc 2 VDR Plate Standard Long, Left	71-0368	Trial Acu-Loc VDU Plate Standard, Left	75-0045
Trial Acu-Loc 2 VDR Plate Standard Long, Right	71-0369	Trial Acu-Loc VDU Plate Standard, Right	75-0046
Trial Acu-Loc 2 VDR Plate Narrow Long, Left	71-0370	Trial Acu-Loc VDU Plate Long, Left	75-0047
Trial Acu-Loc 2 VDR Plate Narrow Long, Right	71-0371	Trial Acu-Loc VDU Plate Long, Right	75-0048
Trial Acu-Loc 2 Volar Distal Radius (VI Proximal Plates	OR)		
Trial Acu-Loc 2 VDR Proximal Plate Standard Long, Left	71-0372		
Trial Acu-Loc 2 VDR Proximal Plate Standard Long, Right	71-0373		
Trial Acu-Loc 2 VDR Proximal Plate Narrow Long, Left	71-0382		
Trial Acu-Loc 2 VDR Proximal Plate Narrow Long, Right	71-0383		
Trial Acu-Loc 2 VDR Proximal Plate Standard, Left	71-0350		
Trial Acu-Loc 2 VDR Proximal Plate Standard, Right	71-0351		
Trial Acu-Loc 2 VDR Proximal Plate Narrow, Left	71-0352		
Trial Acu-Loc 2 VDR Proximal Plate Narrow, Right	71-0353		
Trial Acu-Loc 2 VDR Proximal Plate Wide, Left	71-0354		
Trial Acu-Loc 2 VDR Proximal Plate Wide, Right	71-0355		

References

- 1. Geissler WB, Clark SM. Fragment-specific fixation for fractures of the distal radius. J Wrist Surg. 2016;5(1):22–30.
- 2. Shapiro L, Kamal, R. Distal radius fragment-specific fixation. J Orthop Trauma. 2019.

	Acumed® Acu-Loc® 2 Wrist Plating System Surgical Technique – Japan Edition
Notes:	



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