## ArcPhix<sup>™</sup> Angled Compression Screw Functional Flexion<sup>™</sup> for Distal Interphalangeal (DIP) Joint Fusions

#### **CLINICAL EVIDENCE**

Research has shown that when a patient's DIP joint is fused in a functional position, finger dexterity and grip strength improve compared to that of a patient with a straight, full extension fusion. Physicians can achieve angled fusions by using K-wire fixation, however, the surgical technique may inadvertently produce a straight fusion and the immobilization protocol may lead to complications and suboptimal results. While compression screws may provide reliable DIP fusions, they do not offer the additional benefit of functional flexion.

#### **FUNCTIONAL FLEXION**

Functional flexion is fusion of the DIP joint in a curved position that allows the distal end of the phalanges to maintain functionality so that patients are able to better perform activities that require grip strength and dexterity.

Examples include but are not limited to:



Holding a cup



Playing an instrument



Gripping a golf club

#### **ARCPHIX**

The ArcPhix Intramedullary Angled Compression Screw sets a new standard by offering a design that is specifically sized to optimally fit the anatomy of the distal and middle phalanges. The pre-bent design simplifies the process of constructing a clinically appropriate angle (18°) for DIP joint fusions with functional flexion. The early mobilization achieved prevents stiffness that often occurs with other techniques and offers patients the ability to minimize recovery time.









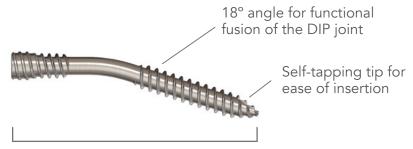
Headless Compression Screw



### WHY USE ARCPHIX?



during insertion



Specifically sized to optimally fit the anatomy of the distal and middle phalanges

#### ORDERING INFORMATION

EXARC903028 The ArcPhix System Disposable Kit

1 ArcPhix Implant, 3.0mm x 28mm

1 Guidewire, Single Trocar, 0.035" x 6"

1 Guidewire, Double Trocar, 0.035" x 6"

1 Cannulated Drill, 2.0mm

1 Driver, T8

# T8 Driver Cannulated Drill, 2.0mm K-Wire, 6", Single Trocar, 0.035" K-Wire, 6" Double Trocar, 0.035"

1. Melamed et al. Simulated Distal Interphalangeal Joint Fusion of the Index and Middle Fingers in 0 degree and 20 degrees of Flexion: A Comparison of Grip Strength and Dexterity. Journal of Hand Surgery. 2014

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